



# [Introducing] At Your Best by UnitedHealthcare™



**WELLNESS**



**DISCOUNTS**



**SUPPORT**

At Your Best by UnitedHealthcare™ — available at no additional cost to you [starting January 1, 2020] — gives you more than you expected as an insured member of an AARP® Medicare Supplement Insurance Plan, insured by UnitedHealthcare Insurance Company (UnitedHealthcare). The offering includes health and wellness resources, discount programs and support services to help you live better.

[With the newly expanded services,] [i]nsured members [will] have access to an extensive network of participating gyms and fitness locations^ at no additional cost, a hearing program, 24/7 Nurse line, and more.

<b>Renew Active™ by UnitedHealthcare</b> <b>AARP® Staying Sharp</b>	Access to an extensive network of participating gyms and fitness locations at no additional cost, and online brain health tools.  Online brain health program that helps support a healthy brain lifestyle. For insured members of the AARP Medicare Supplement Plan, AARP Staying Sharp includes: a brain health assessment, articles, brain exercises, activities, recipes, and brain games.
<b>Hearing Care Program by HearUSA</b>	A discount on hearing aids and access to screenings by certified HearUSA hearing care providers. The Hearing Care Program by HearUSA includes: <ul style="list-style-type: none"> <li>• The AARP member rate plus an additional \$100 discount on hearing devices in the top 5 tiers of technology and features, ranging from standard to premium.</li> <li>• Extended warranties on many of HearUSA's digital hearing aids.</li> <li>• Your very own hearing health support team.</li> </ul>
<b>AARP® Vision Discounts provided by EyeMed:</b>	Save on eyewear purchases and routine eye exams. AARP Vision Discounts provided by EyeMed includes: <ul style="list-style-type: none"> <li>• At LensCrafters, take an additional \$50 off the AARP® Vision Discount provided by EyeMed or best in-store offer on no-line progressive lenses with frame purchase**.</li> <li>• \$50 eye exams at participant providers*.</li> </ul>
<b>24/7 Nurse line</b>	A registered nurse is available to discuss your concerns and answer questions over the phone anytime, day or night. Spanish is available, as well as translation assistance in 140+ languages.  <ul style="list-style-type: none"> <li>• Nurses are also available to help guide you to community resources. These resources may help provide assistance on transportation services, understanding medication cost options, and availability of meal delivery services.</li> </ul>
<b>Wellness coaching</b>	Trained wellness coaches are available over the phone to provide personalized programs and support that may help you reach your specific wellness goals.

^Availability of fitness program may vary by area. Fitness program network only includes participating facilities and locations. **These are additional insured member services apart from the AARP Medicare Supplement Plan benefits, are not insurance programs, are subject to geographical availability, and may be discontinued at any time.**

Call UnitedHealthcare now to request information about AARP Medicare Supplement Insurance Plans and to learn more about At Your Best by UnitedHealthcare.

**[1-866-518-7219]**  
**[atyourbestbyuhc.com]**

**AARP®** | **Medicare Supplement Plans**  
insured by **UnitedHealthcare Insurance Company**

None of these services should be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. Note that certain services are provided by Affiliates of UnitedHealthcare Insurance Company or other third parties not affiliated with UnitedHealthcare.

### **Renew Active™ by UnitedHealthcare**

You can only receive the Renew Active special membership rate if you are an insured member covered under an AARP Medicare Supplement Insurance Plan, insured by UnitedHealthcare Insurance Company.

Renew Active includes standard fitness membership. Participation in the Renew Active program is voluntary. Consult your doctor prior to beginning an exercise program or making changes to your lifestyle or health care routine. Equipment and classes may vary by location.

### **AARP® Staying Sharp**

AARP® will share only non-identifiable, aggregate information with UnitedHealthcare that is collected through the use of the AARP Staying Sharp Platform. This information may be used by UnitedHealthcare to potentially help develop future programs and services for its insured members.

This program offering is not an insurance program, is only offered in certain jurisdictions and may be discontinued at any time. Links are made available so that you will have an opportunity to obtain information from the third party on its website. Links are provided solely as a convenience and not as an endorsement of the content of the third-party site or any products or services offered on that site. UnitedHealthcare Insurance Company is not responsible for the content on any linked site or any link contained in a linked site. UnitedHealthcare does not make any representations regarding the content or accuracy of the materials on such sites.

Participation in the brain health assessment is voluntary. Access to this service is subject to your acceptance of Staying Sharp's Terms of Use and AARP's Privacy Policy. Existing Users who have already accepted AARP's Terms of Use and Privacy Policy will not be required to create a new AARP® Online Account, but should refer to the additional Terms of Use regarding AARP Staying Sharp. Your health assessment responses will be kept confidential in accordance with applicable law and will only be used to provide health and wellness recommendations within the AARP Staying Sharp program.

### **Hearing program by HearUSA**

HearUSA makes available a network of hearing care providers through which AARP members may access AARP Hearing Program Discounts. All decisions about medications, medical care and hearing care are between you and your health care provider. Products or services that are reimbursable by federal programs including Medicare and Medicaid are not available on a discounted or complimentary basis. HearUSA pays a royalty fee to AARP for use of the AARP intellectual property. Amounts paid are used for the general purposes of AARP and its members. HearUSA is not affiliated with AARP or UnitedHealthcare. AARP and UnitedHealthcare do not endorse and are not responsible for the services, products or information provided by this program. You are strongly encouraged to evaluate your own needs.

Hearing aid discount from HearUSA is \$100 off already discounted AARP Member pricing for HearUSA hearing aids. Discount only applies to hearing aids in HearUSA pricing levels 1-5 (minimum purchase of \$1300 hearing aid required to receive discount.) One complimentary hearing screening and other hearing discounts, services or offerings contingent upon purchase of qualifying hearing aids. Complimentary hearing screening only available from HearUSA Network providers.

### **AARP® Vision Discounts provided by EyeMed**

EyeMed Vision Care LLC (EyeMed) is the network administrator of AARP Vision provided by EyeMed. These discounts cannot be combined with any other discounts, promotions, coupons, or vision care plans unless noted herein. All decisions about medications and vision care are between you and your health care provider. Products or services that are reimbursable by federal programs including Medicare and Medicaid are not available on a discounted or complimentary basis. EyeMed pays a royalty fee to AARP for use of the AARP intellectual property. Amounts paid are used for the general purposes of AARP and its members.

\*Offer valid at participating providers. Eye exam discount applies only to comprehensive eye exams and does not include contact lens exams or fitting. Contact lens purchase requires valid contact lens prescription.

\*\*Present offer to receive a bonus \$50 off your AARP Vision Discount or best in-store offer when you purchase a frame and progressive lenses. Complete pair required. Frame and lens purchase cannot be combined with any other offers, discounts, past purchases, readers or non-prescription sunglasses. Valid doctor's prescription required and the cost of an eye exam is not included. Eyeglasses priced from \$218.29 to \$2,423.33. Discounts are off tag price. Select brands excluded including: Varilux lenses, and Cartier frames. Void where prohibited. See associate for details. Offer expires 12/31/2020. Code 755453.

### **24/7 Nurse line & Wellness coaching**

The information provided through these services is for informational purposes only. Your health information is kept confidential in accordance with applicable law. None of these programs are a substitute for your doctor's care. Nurses, wellness coaches, and other representatives from these services cannot diagnose problems or recommend treatment. All decisions about medications, vision care, hearing care, health and wellness care or other care are between you and your health care provider. Consult your physician before beginning an exercise program or making major changes in your diet or health care regimen.

### **AARP Medicare Supplement Insurance Plans**

AARP endorses the AARP Medicare Supplement Insurance Plans, insured by UnitedHealthcare Insurance Company. UnitedHealthcare Insurance Company pays royalty fees to AARP for the use of its intellectual property. These fees are used for the general purposes of AARP. AARP and its affiliates are not insurers. AARP does not employ or endorse agents, brokers or producers.

You must be an AARP member to enroll in an AARP Medicare Supplement Plan.

AARP Medicare Supplement Insurance Plans insured by UnitedHealthcare Insurance Company, Horsham, PA. Policy Form No. GRP 79171 GPS-1 (G-36000-4).

**In some states, plans may be available to persons under age 65 who are eligible for Medicare by reason of disability or End-Stage Renal Disease.**

**Not connected with or endorsed by the U.S. Government or the federal Medicare program.**

**This is a solicitation of insurance. A licensed agent/producer may contact you.**

THESE PLANS HAVE ELIGIBILITY REQUIREMENTS, EXCLUSIONS AND LIMITATIONS. FOR COSTS AND COMPLETE DETAILS (INCLUDING OUTLINES OF COVERAGE), CALL A LICENSED INSURANCE AGENT/PRODUCER AT THE NUMBER SHOWN.