

### Medicare Supplement Insurance Application Transmittal Form

Please fill out the following fields:
Selling agent name
Selling agent number
Agent telephone
Agent telephone
A want awar!!
Agent email
Submitting Medicare Supplement applications to Allstate Health Solutions is easy. Here's how
1. Download the appropriate application. Fill it out with your client.

2. **Submit the completed application.** There are 3 ways to submit paper Medicare Supplement Insurance applications. **MAKE SURE YOU INCLUDE THIS COVER** 

### 1. Mail:

Allstate Health Solutions PO Box 95464 Cleveland, OH 44101

LETTER, INCLUDING YOUR INFORMATION.

#### 2. Email (scanned apps):

Send to <a href="https://NPSMedicareSuppApps@NGIC.com">NPSMedicareSuppApps@NGIC.com</a>

Please be sure to send securely.

### 3. <u>Fax:</u> (888) 344-3232

For status updates and/or confirmation of receipt, call Agent Services: (888) 966-2345 (Monday-Friday, 7:00 a.m. - 4:00 p.m. Central Time).

Allstate Health Solutions is a marketing name for products underwritten by American Heritage Life Insurance Company.

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### **Application for Medicare Supplement Insurance**

American Heritage Life Insurance Company PO Box 95464, Cleveland, OH 44101

Toll-free telephone: (888) 966-2345 • www.Allstatehealth.com • NPSMedicareSuppApps@ngic.com •Fax: (888) 344-3232

□ New Business □ Conversion □ Reinstatement

Section A. Applicant Information							
First Name	Middle Name		Last Name				
Social Security Number	Date of Birth				☐ Male	☐ Fen	nale
		(mm	/dd/yyyy)				
Residence Address		City		State	Z	Zip Cod	le
				• •			
Mailing Address (if different)		City		State	4	Zip Cod	le
Telephone Number		Email	Address				
·		Liliali	Address				
□ Home □ Mobile □ Work							
I agree to receive my certificate and any ot	her plan documents o	r corres	oondence electronical	ly:		Yes [	□ No
Applicant's Heightftin	Weight	lbs					
•	When last have you used tobacco in any form, or used nicotine products including a patch, gum, or electronic cigarettes?						
/ (mm/yyyy) □ Never							
Section B. Plan Information							
Did you first become eligible for Medicare January 1, 2020?	due to age, disability o	or end-s	tage renal disease pri	or to		Yes [	□ No
Plan Applied For:							
□ Plan A □ Plan F* □ Plan Hiç	gh F* □ Plan G		Plan N				
*Plan F and Plan High F only available to a	applicants eligible for I	Medicar	e prior to 2020.				
Have you lived with any of the following people for the past 12 months and still live with them currently? ☐ Yes ☐ No  • Legal Spouse  • Domestic or Civil Union Partnership  • 1 to 3 Other Adults Age 50 or Older							
If "Yes", list the name of the household	resident(s):						
Do they have or are they currently applying Insurance Company?	g for a Medicare Supp	lement	oolicy with American I	Heritag		] Yes	□ No
If Yes, what is the policy number							

Section C. Medicare and Insurance Information				
If you lost or are losing other health insurance coverage and received a notice from your prior insurer saying you were eligible for guaranteed issue of a Medicare Supplement insurance policy or that you had certain rights to buy such a policy, you may be guaranteed acceptance in one or more of our Medicare Supplement plans. Please include a copy of the notice from your prior insurer with your application.				
Answer all questions to the best of your knowledge. Mark "YES" or "NO" with an "X" to the quest	ions below.			
Did you enroll in Medicare Part B within the past 6 months?     Did you turn age 65 within the past 6 months?	☐ Yes ☐ No ☐ Yes ☐ No			
Medicare Number Medicare Part A Effective Date Medicare Part B	Effective Date			
/ / (mm/dd/yyyy)/ /				
3. Are you applying during a guaranteed issue period? (NOTE: If"Yes," please attach proof of eligibility	r.) □ Yes □ No			
Do you have another Medicare Supplement or Medicare Select insurance policy in force?  If yes:	□ Yes □ No			
(a) Name of Company Plan Effective Date/	(mm/dd/yyyy)			
(b) Do you intend to replace your current Medicare Supplement policy with this policy?  (If yes, complete the Replacement Notice.)	☐ Yes ☐ No			
(c) Indicate termination date/ (mm/dd/yyyy)				
5. If you had coverage from any Medicare plan other than original Medicare within the past 63 days (for example, a Medicare Advantage plan, or a Medicare HMO or PPO), fill in your start and end dates  If you are still covered under this plan, leave "END" blank.  Start/(mm/dd/yyyy) End/(mm/dd/yyyy)	:			
(a) If you are still covered under the Medicare plan, do you intend to replace your current coverage with this new Medicare Supplement policy? (If yes, complete the Replacement Notice.)	□ Yes □ No			
(b) Planned date of termination/ / (mm/dd/yyyy)				
(c) Was this your first time in this type of Medicare plan?	☐ Yes ☐ No			
(d) Did you drop a Medicare Supplement or Medicare Select policy to enroll in this plan?	☐ Yes ☐ No			
6. Have you had coverage under any other health insurance within the past 63 days? (for example, an employer, union, or individual health plan)  If yes:	□ Yes □ No			
(a) Name of company and type of policy				
(b) Start date / / (mm/dd/yyyy) End date / / (mm/dd/	/уууу)			
7. Are you covered for medical assistance through the state Medicaid program?  (Note to applicant: If you are participating in a "Spend-Down Program" and have not yet met your "Share of Cost," please answer "No" to this question.)	□ Yes □ No			
(a) If yes, will Medicaid pay your premiums for this Medicare Supplement policy?	☐ Yes ☐ No			
(b) If yes, do you receive any benefits from Medicaid <b>other than</b> payment toward your Medicare Part B premium?	□ Yes □ No			
8. Have you received a copy of the Guide to Health Insurance for People with Medicare, the Outline of Coverage, and the Notice of Information Practices?	□ Yes □ No			

Se	ction D. Health Information		
Fo	r applicants applying as an Open Enrollee or under Guaran	tee Issue rights, skip section D.	
	The information I provided on this enrollment form is complete I realize that any incomplete, false, or inaccurate statement or result in cancellation of my coverage, a change in my premiur	material misrepresentation in the enrolln	
	Signature of Applicant:	Date:(I	mm/dd/yyyy)
Foi	underwriting purposes provide the name and address of your p	primary care physician	
Na	me:		
	dress:		
	ease read through each question carefully and indicate any x. If any of the answers to questions 1-8 below are "Yes" co		eck mark in the
1.			☐ Yes ☐ No
2.	Are you currently hospitalized, confined to a bed, receiving dia an Assisted Living Facility, Nursing Home, or dependent on a		□ Yes □ No
3.	In the last 12 months have you received Physical, Occupation,	or Speech Therapy?	☐ Yes ☐ No
4.	Have you been hospitalized or used an emergency room for tre 24 months?	eatment 2 or more times in the past	□ Yes □ No
5.	If you have you been diagnosed or treated for diabetes (answe treated for diabetes)	er no if you have not been diagnosed or	□ Yes □ No
	<ul> <li>Are you currently prescribed 3 or more medications</li> </ul>	to control High Blood Pressure?	
	<ul> <li>Have you been treated for any diabetic complication</li> </ul>	s including nephropathy, retinopathy, per	ripheral vascular
	disease, stroke, neuropathy, or heart disease?		
6 1	Within the past 2 years have you been diagnosed, treated, evalu	usted, or prescribed medication for?	☐ Yes ☐ No
	ncer	dated, or prescribed medication for s	
	∃ Hodgkin's Disease	□ Leukemia, Myeloma or Lymphoma	
	Internal Cancer	□ Melanoma	
Ca	rdiovascular		
	☐ Chronic Atrial Fibrillation	□ Coronary Artery Disease, Angioplas Bypass	sty, Stent, or
[	□ Chest Pain (Angina)	□ Heart Attack/Acute MI	
0:			
	culatory	- Davinkaval Vasaulav Diasasa	
	Aneurysm	□ Peripheral Vascular Disease	
	☐ Blood/clotting disorder (excluding mild anemia)	□ Transient Ischemic Attack	
	Deep Venous Thrombosis	□ Stroke	
L	Embolus		
	urological		
	☐ Muscular Dystrophy ☐ Multiple Scle	rosis    Transv	erse Myelitis
Otl	ner		
	□ Adrenal gland disorders	□ Amputation due to disease	
		□ Chronic Pancreatitis	
	□ Cushing Syndrome/Disease	□ Enzyme disorders	
[	☐ Joint Replacement Surgery that has not been completed	□ Nephritis or Glomerulonephritis	

☐ Osteoporosis with fractures		□ Pitui	tary disease or d	isorder	
□ Pulmonary disease (excluding asthma)		□ Renal Artery Stenosis including Stent/Angioplasty			
☐ Required use of a Cardiac Pacemaker or Defibrillator		□ Oxygen or Nebulizer use			
□ Spinal Stenosis		□ Substance Abuse (including more than 12 consecutive months of opioid usage)			
7. Within the past 12 months have you b treatment of:	een recommended for s	surgery or a	are you receiving a		jections for □ Yes □ No
☐ Arthritis of any kind		□ Cro	nn's Disease		
□ Plaque Psoriasis		□ Ulce	erative Colitis		
8. Within the past 10 years have you bee	en diagnosed, treated, e	valuated, o	or prescribed med	ication for?	☐ Yes ☐ No
Cardiovascular					
□ Cardiomyopathy		□ Enla	rged Heart		
□ Congestive Heart Failure		□ Hea	rt Valve Disease	or Regurgitation	
Neurological					
□ ALS (Amyotrophic Lateral Scleros	is)	□ Den	nentia		
□ Alzheimer's Disease		□ Parl	kinson's Disease		
Autoimmune Disorder					
☐ AIDS, ARC, or HIV infection		□ Sys	temic Lupus		
□ Myasthenia Gravis		☐ Sys	temic Sclerodern	na	
Other					
☐ Chronic Obstructive Pulmonary Di	isease	□ Organ, Bone Marrow, Tissue, or Stem Cell Transplant			
□ Cirrhosis		□ Ren	al Failure or End	Stage Renal Fai	lure
□ Emphysema		□ Sch	izophrenia		
If questions 1-8 were answered "No"   is not available.	please complete quest	ion 9. If q	uestion 9 is ansv	vered "Yes", pre	ferred II rating
9. Within the last 5 years has medication	been prescribed or rec	ommended	I for the following:		Yes 🗆 No
a. Depression					
10. Please list any medications that hav liquids, inhalers, pumps, etc.	e been prescribed in the	e past 18 m	nonths for you; Inc	lude pills, creams	, injections,
Medication	Reason taken		Dose	Frequency	Still taking?
					□ Yes □ No
					□ Yes □ No
					□ Yes □ No
					□ Yes □ No
					□ Yes □ No
					□ Yes □ No
					□ Yes □ No
					□ Yes □ No
					□ Yes □ No
					□ Yes □ No

Со	mments on medical conditions or medications-
Se	ction E. Disclosure, Acknowledgements, and Agreement
Dis	sclosure:
1.	You do not need more than one Medicare Supplement policy.
2.	If you purchase this policy, you may want to evaluate your existing health coverage and decide if you need multiple coverages.
3.	You may be eligible for benefits under Medicaid and may not need a Medicare Supplement policy.
4.	If, after purchasing this policy, you become eligible for Medicaid, the benefits and premiums under your Medicare Supplement policy can be suspended, if requested, during your entitlement to benefits under Medicaid for 24 months. You must request this suspension within 90 days of becoming eligible for Medicaid. If you are no longer entitled to Medicaid, your suspended Medicare Supplement policy (or, if that is no longer available, a substantially equivalent policy) will be reinstituted if requested within 90 days of losing Medicaid eligibility. If the Medicare Supplement policy provided coverage for outpatient prescription drugs and you enrolled in Medicare Part D while your policy was suspended, the reinstituted policy will not have outpatient prescription drug coverage but will otherwise be substantially equivalent to your coverage before the date of the suspension.
5.	If you are eligible for and have enrolled in a Medicare Supplement policy by reason of disability and you later become covered by an employer or union-based group health plan, the benefits and premiums under your Medicare Supplement policy can be suspended, if requested, while you are covered under the employer or union-based group health plan. If you suspend your Medicare Supplement policy under these circumstances, and later lose your employer or union-based group health plan, your suspended Medicare Supplement policy (or, if that is no longer available, a substantially equivalent policy) will be reinstituted if requested within 90 days of losing your employer or union-based group health plan. If the Medicare Supplement policy provided coverage for outpatient prescription drugs and you enrolled in Medicare Part D while your policy was suspended, the reinstituted policy will not have outpatient prescription drug coverage but will otherwise be substantially equivalent to your coverage before the date of the suspension.
6.	Counseling services may be available in your state to provide advice concerning your purchase of Medicare Supplement insurance and concerning medical assistance through the state Medicaid program, including benefits as a Qualified Medicare Beneficiary (QMB) and a Specified Low-Income Medicare Beneficiary (SLMB).
Ac	knowledgments and Agreement:
	I wish to apply for Medicare Supplement insurance coverage. I acknowledge that I have received or been given access to review: (a) an Outline of Coverage for the policy applied for; and (b) a "Guide to Health Insurance for People with Medicare."
	I HAVE READ AND FULLY UNDERSTAND the questions and my answers on this application. To the best of my knowledge and belief they are true and complete. I understand the Company may conduct a telephone interview with me regarding the answers. I understand and agree the policy applied for will not take effect until issued by the Company, and that the agent is not authorized to extend, waive or change any terms, conditions or provisions of the coverage.
	<b>Caution:</b> If your answers on this application are incorrect or untrue, the Company has the right to deny benefits or rescind your coverage.
	Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.
Ap	plicant's Signature:

Signed at (City and State): \_\_\_\_\_ Date: \_\_\_\_\_ (mm/dd/yyyy)

Sec	Section F. Agent Statement				
•	Type of Sale:   Telephone  In Person  Internet  Mail  Other  Send Policy to  Agent  Applicant				
Yes	No □		posed insured in completing the app	J	application questions?
		Relationship to the Applic	cant		
		Type of assistance provide	ded		
			ation for correctness and any omission		
		2. Did the Applicant review the	he Application for correctness and a	ny omissions?	
		3. Are you related to the App	olicant?		
		If Yes, provide relationsh	ip:		
			r health insurance policies I have (a) ld to the Applicant in the last 5 years		
		Company	Type of Policy	Effective Date	In Force
					☐ Yes ☐ No
					☐ Yes ☐ No ☐ Yes ☐ No
Cov Info abov	erage rmati /e, as	for the policy being applied foon <b>Practices</b> ; and 3) I have re	ne information supplied by the Applic or, the <b>Guide to Health Insurance fo</b> eviewed the current health coverage al coverage of the type and amount a	or People on Medicare, of the Applicant and have	pplicant an <b>Outline of</b> and the <b>Notice of</b> completed the chart for the Applicant's needs.
Age	nt Na	me:	Age	ent ID:	



Dilling Information			
Billing Information			
Application Fee: \$	Requested Policy Effect	ive Date	Draft Initial Premium on
Initial Premium: \$		(mm/dd/yyyy)	/ /(mm/dd/yyyy)
Total Amount Submitted: \$			
Note: Recurring draft date is the sam month, payment will be drafted on the		ve date of the pol	icy. If this day does not exist in a
Select policy premium payment option	n (check only one):		
Bank name: Routing number:	☐ Quarterly ☐ Semi-Ar	aft, please include NHIC (unless sp	pecified otherwise). All
Jane Doe 123-Aug Street Angtown, US 123-45  WETO THE ORDER OF SOCIAL STREET STR	Rout	Account Name Sign Here  MYBANK  (20 9201252)2225530000  cling Number Account of the Account Name Name Account Name Name Name Name Name Name Name Name	
<ol> <li>Direct Bill (If paying by Direct Bill the         → Select frequency: □ Quarterly         → If billing address is different than         Billing Address:</li> </ol>	□ Semi-Annual □ An	nual	ion)
Street:			
City:			Zip code:

Billing Authorization		
Please read the following carefully.		
The accountholder of the method of payment provided during this er its designee, to initiate automatic payments against such indicated p indicated monthly dues included in the plan(s) being purchased during electronic payment authorization for such automatic payments may be the payment dates fall on a weekend or holiday, I understand that the day. I understand that if I choose a draft date of the 29th, 30th or 31s be executed on the 28th of each month. For Automated Clearing Ho understand that because these are electronic transactions, these fur above noted periodic transaction dates. In the case of an ACH Trans understand that the Insurer may at its discretion attempt to process this method of payment and will not dispute the scheduled transaction indicated in this authorization form.	rayment method for the payment of premiums and other ing this enrollment process. Accountholder agrees that the beterminated by providing written notice to the Insurer. It is payments may be executed on the previous business strot the month we may choose to change your payment use (ACH) debits to my checking/savings account, I ands may be withdrawn from my account as soon as the saction being rejected for Non Sufficient Funds (NSF) I the charge again. I certify that I am an authorized user of	ne If to
Signature of Primary Insured	Date	

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### **Medicare Supplement Activity Tracker Discount Authorization Form**

Please fill out the following fields:
Applicant name:
Applicant phone number:
Applicant email address:  (An email address is required to participate in the Activity Tracker Discount program. By supplying your email address, you are agreeing to receive email correspondence about the Activity Tracker Discount program.)
Selling agent name:
Selling agent phone number:
$\Box$ Yes, I acknowledge I own an activity tracker or wearable device, and I am willing to share my fitness data.
□ No, I do not want to participate and share my fitness data.
Authorize and Agree:
☐ By selecting this box, I acknowledge that I own an activity tracker or wearable device. I agree to register my activity tracker device within 30 days and share my activity data with Allstate Health Solutions insurance. I understand that if I do not register my device, my Activity Tracker Discount will be removed and my Medicare Supplement Insurance premium will be adjusted.
□ By selecting this box, I agree to receive email correspondence from Allstate Health Solutions about the Activity Tracker program at the email address supplied above.
Applicant signature:
Date:

Allstate Health Solutions is a marketing name for products underwritten by American Heritage Life Insurance Company.

© 2022 Allstate Insurance Company. www.allstate.com or allstatehealth.com AHLIC-MEDSUPP-ACTIVITY TRACKER (9/2022)

#### **Health Information Authorization**

This Authorization complies with the HIPAA Privacy Rule

I authorize any health plan, physician, health care professional, hospital, clinic, laboratory, pharmacy, pharmacy benefit manager, medical facility, or other health care provider that has provided services, treatment or payment to me, or on my behalf, within the past 10 years ("My Providers"), or consumer reporting agency, to disclose my entire medical record and any other protected health information concerning me to American Heritage Life Insurance Company ("AHLIC") and its agents, employees and representatives. This includes information on the diagnosis or treatment of Human Immunodeficiency Virus (HIV) infection and sexually transmitted diseases. This also includes information on the diagnosis and treatment of mental illness and the use of alcohol, drugs, and tobacco, but excludes psychotherapy notes and excludes information related to genetic tests or genetic services (except to pay a claim related to such tests or services).

In addition, I authorize MIB, Inc., and any MIB member insurer, to provide any medical or personal information that it has about me to AHLIC, its reinsurer or any MIB-authorized third-party administrator performing underwriting services on AHLIC's behalf. I also authorize AHLIC, its reinsurer or authorized third-party administrator, to make a brief report of my personal health information to MIB. Inc.

By my signature below, I acknowledge that any agreements I have made to restrict my protected health information do not apply to this Authorization and I instruct any physician, health care professional, hospital, clinic, medical facility, or other health care provider to release and disclose my entire medical record without restriction.

My protected health information is to be disclosed under this Authorization so that AHLIC may: 1) underwrite my application for coverage, make eligibility, risk rating, policy issuance and enrollment determinations; 2) obtain reinsurance; 3) administer claims and determine or fulfill their responsibility for coverage and provision of benefits; 4) administer coverage; and 5) conduct other legally permissible activities that relate to any coverage I have or have applied for with AHLIC.

For a period of 120 days from the date of this Authorization I authorize my AHLIC Producer to receive certain protected health information about me that is related to an adverse underwriting decision or counteroffer for alternative coverage made during the underwriting of my application.

For information related to the diagnosis or treatment of Human Immunodeficiency Virus, this Authorization shall remain in force for 180 days following the date of the signature below. For all other information, this Authorization shall remain in force for 30 months following the date of my signature below, and a copy of this Authorization is as valid as the original. I understand that I have the right to revoke this Authorization in writing, at any time, by sending a written request for revocation to: **AHLIC at 1776 American Heritage Life Drive, Jacksonville, Florida 32224, Attention: Privacy Officer.** I understand that a revocation is not effective to the extent that any of My Providers has relied on this Authorization or to the extent that AHLIC has a legal right to contest a claim under an insurance policy or to contest the policy itself. I understand that any information that is disclosed pursuant to this Authorization may be redisclosed and no longer covered by federal rules governing privacy and confidentiality of health information.

I understand that My Providers may not refuse to provide treatment or payment for health care services if I refuse to sign this Authorization. I further understand that if I refuse to sign this Authorization to release my complete medical record, AHLIC may not be able to process my application, or if coverage has been issued may not be able to make any benefit payments.

Name of Applicant (please print)	Signature of Applicant or Personal Representative
Date of Birth	Date
Description of Personal Representative's Auth	nority or Relationship to Applicant (if applicable)
	(Return to Company)

# NOTICE TO APPLICANT REGARDING REPLACEMENT OF MEDICARE SUPPLEMENT INSURANCE OR MEDICARE ADVANTAGE

AMERICAN HERITAGE LIFE INSURANCE COMPANY

Medicare Supplement Administrative Office: 1776 American Heritage Life Drive, Jacksonville,
Florida 32224

#### SAVE THIS NOTICE! IT MAY BE IMPORTANT TO YOU IN THE FUTURE!

According to your application, you intend to terminate existing Medicare supplement or Medicare Advantage insurance and replace it with a policy to be issued by American Heritage Life Insurance Company. Your new policy will provide thirty (30) days within which you may decide without cost whether you desire to keep the policy.

You should review this new coverage carefully. Compare it with all accident and sickness coverage you now have. If, after due consideration, you find that purchase of this Medicare supplement coverage is a wise decision, you should terminate your present Medicare supplement or Medicare Advantage coverage. You should evaluate the need for other accident and sickness coverage you have that may duplicate this policy.

**STATEMENT TO APPLICANT BY AGENT:** I have reviewed your current medical or health insurance coverage. To the best of my knowledge, this Medicare supplement policy will not duplicate your existing Medicare supplement or, if applicable, Medicare Advantage coverage because you intend to terminate your existing Medicare supplement coverage or leave your Medicare Advantage plan. The replacement policy is being purchased for the following reason (check one):

☐ Additional benefits.	$\square$ No change in benefits, but lower premiums		
☐ Fewer benefits and lower premiums.			
☐ Change in benefits (Gaining additional	al benefit(s), but losing some existing benefit(s)).		
☐ My plan has outpatient drug coverage	e and I am enrolling in Part D.		
☐ Disenrollment from a Medicare Advantage Plan. Please explain reason for disenrollment.			
□ Other (please specify)			
and completely answer all questions on to include all material medical informati any future claims and to refund your p	ent policy and replace it with new coverage, be certain to truthfully in the application concerning your medical and health history. Failure ion on an application may provide a basis for the company to deny premium as though your policy had never been in force. After the efore you sign it, review it carefully to be certain that all information		
Do not cancel your present policy until keep it.	you have received your new policy and are sure that you want to		
	presentative Agent's Printed Name and Address		
The above "Notice to Applicant" was de	elivered to me on:		
Applicant's Signature	Date		

Return to Company

### **Definition of Eligible Person for Guaranteed Issue**

The following are definitions of the categories of individuals who are eligible for Guaranteed Issue:

Enrolled under an employee welfare benefit plan that provides health benefits that supplement the benefits under Medicare; and the plan terminates, or the plan ceases to provide all such supplemental health benefits to the individual; or
Enrolled in a Medicare Advantage plan or Program of All-Inclusive Care for the Elderly (PACE) and the organization's certification or plan is terminated or specific circumstances permit discontinuance including, but not limited to, a change in residence of the individual, the plan is terminated within a residence area, the organization substantially violated a material policy provision, or a material misrepresentation was made to the individual; or
Enrolled in a Medicare risk contract, health care prepayment plan, cost contract or Medicare Select plan, or similar organization, and the organization's certification or plan is terminated or specific circumstances permit discontinuance including, but not limited to, a change in residence of the individual, the plan is terminated within a residence area, the organization substantially violated a material policy provision, or a material misrepresentation was made to the individual; or
Enrolled in a Medicare Supplement policy and coverage discontinues due to insolvency, substantial violation of a material policy provision, or material misrepresentation; or
Enrolled under a Medicare Supplement policy, terminates and enrolls for the first time in a Medicare Advantage, a risk or cost contract, or a Medicare Select plan, a PACE provider, and then terminates coverage within 12 months of enrollment; or
Upon <i>first</i> becoming eligible for benefits under Part A at age 65, enrolls in a Medicare Advantage or PACE provider and then disenrolls within 12 months; or
Enrolled in a Medicare Part D Plan during the initial Part D enrollment period while enrolled under a Medicare Supplement policy that covers outpatient prescription drugs and terminate the Medicare Supplement policy; or
Other Guarantee Issue rights available under State law.

Documentation of these events must be submitted with this Application. You must apply within 63 days of the date of termination of previous coverage in order to qualify as an eligible person.

## AMERICAN HERITAGE LIFE INSURANCE COMPANY Outline of Medicare Supplement Plans A, F, High Deductible F, G, N

This chart shows the benefit included in each of the standard Medicare supplement plans. Some plans may not be available. Only applicants' **first** eligible for Medicare before 2020 may purchase Plans C, F, and high deductible F.

Note: A ✓ means 100% of the benefit is paid.

			Р	lans Ava	ilable to All A	pplicants			first e	icare ligible e 2020 nly
Benefits	Α	В	D	G1	K	L	M	N	С	<b>F</b> 1
Medicare Part A coinsurance and hospital coverage (up to an additional 365 days after Medicare benefits are	<b>√</b>	<b>√</b>	✓ ·	<b>✓</b>	<b>√</b>	<b>√</b>		/	<b>√</b>	
used up) Medicare Part B	<b>✓</b>	✓	<b>✓</b>	<b>✓</b>	<b>√</b>	<b>✓</b>	✓	<u>√</u>	<b>✓</b>	<b>√</b>
coinsurance or Copayment	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	50%	75%	<b>✓</b>	copays apply <sup>3</sup>	<b>✓</b>	✓
Blood (first three pints)	✓	✓	✓	✓	50%	75%	✓	✓	✓	✓
Part A hospice care coinsurance or copayment		<b>√</b>	<b>√</b>	<b>✓</b>	50%	75%	<b>✓</b>	<b>√</b>	<b>✓</b>	<b>√</b>
Skilled nursing facility coinsurance			<b>✓</b>	<b>√</b>	50%	75%	<b>✓</b>	<b>√</b>	<b>✓</b>	<b>√</b>
Medicare Part A deductible		✓	✓	✓	50%	75%	50%	✓	✓	✓
Medicare Part B deductible									✓	✓
Medicare Part B excess charges				✓						✓
Foreign travel emergency (up to plan limits)			<b>✓</b>	<b>✓</b>			<b>✓</b>	✓	<b>✓</b>	✓
Out-of-pocket limit in 2024 <sup>2</sup>					\$7060 <sup>2</sup>	\$3530 <sup>2</sup>				

<sup>&</sup>lt;sup>1</sup> Plans F and G also have a high deductible option which require first paying a plan deductible of \$2800 before the plan begins to pay. Once the plan deductible is met, the plan pays 100% of covered services for the rest of the calendar year. High deductible plan G does not cover the Medicare Part B deductible. However, high deductible plans F and G count your payment of the Medicare Part B deductible toward meeting the plan deductible.

<sup>&</sup>lt;sup>2</sup> Plans K and L pay 100% of covered services for the rest of the calendar year once you meet the out-of-pocket yearly limit.

<sup>&</sup>lt;sup>3</sup> Plan N pays 100% of the Part B coinsurance, except for a co-payment of up to \$20 for some office visits and up to a \$50 co-payment for emergency room visits that do not result in an inpatient admission.

Medicare Supplement Policy 2010 Standardized Plan A Issue Age Premium Rates Rates Effective Upon Approval

Issue		Female		Male			
Age	Preferred Select	Preferred	Standard	Preferred Select	Preferred	Standard	
65	123	.89	148.55	140.0	)1	167.80	
66	123	.89	148.55	140.0	)1	167.80	
67	123.89	129.80	155.64	140.01	146.69	175.80	
68	123.89	135.84	162.89	140.01	153.52	183.99	
69	124.53	138.89	166.47	140.74	156.90	188.12	
70	125.18	142.03	170.27	141.47	160.47	192.45	
71	127.11	145.07	174.06	143.66	164.04	196.58	
72	130.99	148.22	177.64	148.03	167.42	200.70	
73	135.31	151.95	182.15	152.90	171.67	205.84	
74	139.70	155.78	186.76	157.84	176.02	210.98	
75	145.26	159.71	191.47	164.13	180.46	216.31	
76	150.40	163.83	196.39	169.91	185.09	221.85	
77	155.62	167.96	201.41	175.87	189.82	227.59	
78	159.25	170.32	204.18	179.92	192.43	230.61	
79	162.92	172.67	207.04	184.11	195.13	233.94	
80	166.63	175.03	209.81	188.25	197.74	237.06	
81	167.05	177.39	212.68	188.76	200.44	240.28	
82	170.74	179.65	215.44	192.98	203.05	243.40	
83	176.99	184.66	221.49	200.08	208.75	250.25	
84	181.93	189.67	227.33	205.51	214.25	256.90	
85	186.60	194.48	233.17	210.85	219.75	263.44	
86	191.32	199.39	239.11	216.23	225.35	270.09	
87	195.84	204.11	244.74	221.32	230.67	276.53	
88	200.46	208.92	250.58	226.60	236.17	283.08	
89	205.17	213.83	256.32	231.79	241.57	289.63	
90	210.07	218.94	262.47	237.35	247.37	296.57	
91	215.07	224.14	268.82	243.09	253.35	303.62	
92	220.25	229.55	275.17	248.84	259.34	310.87	
93	225.43	234.95	281.73	254.77	265.52	318.33	
94	230.80	240.55	288.39	260.79	271.80	325.88	
95	236.27	246.24	295.25	267.00	278.26	333.63	
96	241.83	252.04	302.22	273.29	284.83	341.39	
97	247.58	258.03	309.39	279.78	291.59	349.54	
98	253.52	264.22	316.87	286.54	298.64	358.00	
99+	259.55	270.50	324.34	293.31	305.69	366.46	

Open Enrollment or Guaranteed Issue: Determine Underwriting Class based on Tobacco and HT/WT

**Underwritten:** Determine Underwriting Class based on Tobacco, HT/WT, and Preferred Select Medical Question

See UW Guide for detailed instructions

#### **Rate Calculator**

#### **Monthly Rate**

A - Monthly Rate (use table above)

B - Area Factor (see area factors below)

C - Input Household Discount (1.0 if not applicable, 0.93 if roommate HHD applies, 0.9 if dual HHD applies)

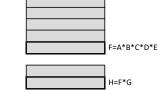
D - Input Activity Tracker Discount (1.0 if not applicable, 0.95 if discount applies)

E - Input Annual Pay Discount (1.0 if not applicable, 0.9 if discount applies)

F - Calculate Monthly Rate (rounded to the nearest penny)

<u>Quarterly, Semi-Annual, or Annual Rate</u> G - Input Modal Factor (Quarterly - multiply by 3, Semi-Annual - multiply by 6, Annual - multiply by 12)

H - Calculate Final Modal Billing Rate (rounded to the nearest penny)



7% Roommate Household Discount: Dual Household Discount (applies if multiple people in the same Household have or are applying for National General Medicare Supplement policies): 10% Annual Pay Discount: 10% Activity Tracker "Wearable" Discount: 5%

The rates above do not include a one time \$25 policy fee.

Area Factors:

Arizona Zip Codes	Factor
850, 852	0.938
856	0.911
857	0.929
855, 859, 860, 863-865	0.902
Rest of State	0.920

Medicare Supplement Policy 2010 Standardized Plan F Issue Age Premium Rates Rates Effective Upon Approval

Issue		Female			Male	
Age	Preferred Select	Preferred	Standard	Preferred Select	Preferred	Standard
65	164	1.05	196.61	185	.30	222.20
66	164	1.05	196.61	185	3.30	222.20
67	164.05	171.88	205.98	185.30	194.13	232.80
68	164.05	179.88	215.58	185.30	203.18	243.64
69	164.91	183.82	220.41	186.26	207.73	249.00
70	165.76	187.96	225.45	187.23	212.48	254.66
71	168.32	192.00	230.18	190.12	216.93	260.02
72	173.45	196.14	235.11	195.91	221.58	265.67
73	179.14	201.07	241.17	202.39	227.30	272.44
74	184.91	206.20	247.24	208.96	233.02	279.42
75	192.29	211.42	253.41	217.22	238.83	286.39
76	199.06	216.84	259.99	224.94	245.03	293.77
77	205.93	222.26	266.57	232.77	251.23	301.14
78	210.77	225.42	270.27	238.16	254.72	305.39
79	215.66	228.57	273.97	243.62	258.21	309.53
80	220.51	231.63	277.77	249.23	261.79	313.88
81	221.09	234.78	281.47	249.82	265.28	318.02
82	226.04	237.84	285.18	255.44	268.77	322.16
83	234.39	244.54	293.19	264.86	276.33	331.26
84	240.81	251.04	301.01	272.12	283.69	340.15
85	247.12	257.55	308.82	279.27	291.05	348.84
86	253.27	263.96	316.43	286.15	298.22	357.63
87	259.32	270.26	324.03	293.03	305.39	366.12
88	265.46	276.67	331.75	300.00	312.66	374.81
89	271.80	283.27	339.56	307.06	320.02	383.71
90	278.23	289.98	347.68	314.41	327.68	392.80
91	284.85	296.88	356.01	321.94	335.53	402.20
92	291.66	303.97	364.44	329.56	343.47	411.80
93	298.57	311.17	373.07	337.37	351.61	421.40
94	305.66	318.56	381.91	345.36	359.94	431.51
95	312.85	326.05	390.96	353.55	368.47	441.61
96	320.22	333.74	400.11	361.82	377.09	452.02
97	327.79	341.63	409.67	370.46	386.10	462.83
98	335.54	349.71	419.33	379.20	395.21	473.85
99+	343.58	358.09	429.31	388.22	404.61	485.06

Open Enrollment or Guaranteed Issue: Determine Underwriting Class based on Tobacco and HT/WT

**Underwritten:** Determine Underwriting Class based on Tobacco, HT/WT, and Preferred Select Medical Question

See UW Guide for detailed instructions

#### **Rate Calculator**

#### **Monthly Rate**

A - Monthly Rate (use table above)

B - Area Factor (see area factors below)

C - Input Household Discount (1.0 if not applicable, 0.93 if roommate HHD applies, 0.9 if dual HHD applies)

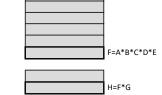
D - Input Activity Tracker Discount (1.0 if not applicable, 0.95 if discount applies)

E - Input Annual Pay Discount (1.0 if not applicable, 0.9 if discount applies)

F - Calculate Monthly Rate (rounded to the nearest penny)

<u>Quarterly, Semi-Annual, or Annual Rate</u> G - Input Modal Factor (Quarterly - multiply by 3, Semi-Annual - multiply by 6, Annual - multiply by 12)

H - Calculate Final Modal Billing Rate (rounded to the nearest penny)



Roommate Household Discount: 7% Dual Household Discount (applies if multiple people in the same Household have or are applying for National General Medicare Supplement policies): 10% Annual Pay Discount: 10% Activity Tracker "Wearable" Discount: 5%

The rates above do not include a one time \$25 policy fee.

Area Factors:

Arizona Zip Codes	Factor
850, 852	0.938
856	0.911
857	0.929
855, 859, 860, 863-865	0.902
Rest of State	0.920

Medicare Supplement Policy 2010 Standardized Plan High F Issue Age Premium Rates Rates Effective Upon Approval

Issue		Female		Male			
Age	Preferred Select	Preferred	Standard	Preferred Select	Preferred	Standard	
65	49.3	31	59.06	55.6	6	66.72	
66	49.3	31	59.06	55.6	6	66.72	
67	49.31	51.66	61.88	55.66	58.32	69.90	
68	49.31	54.06	64.76	55.66	61.03	73.16	
69	49.56	55.31	66.35	55.95	62.53	75.02	
70	49.82	56.45	67.75	56.24	63.85	76.49	
71	50.59	57.60	69.14	57.11	65.16	78.05	
72	52.13	58.84	70.54	58.85	66.48	79.72	
73	53.81	60.37	72.33	60.74	68.17	81.68	
74	55.51	61.90	74.12	62.65	69.86	83.73	
75	57.69	63.43	76.02	65.16	71.64	85.89	
76	59.71	65.05	78.01	67.49	73.52	88.14	
77	61.77	66.67	79.90	69.77	75.30	90.20	
78	63.23	67.63	81.10	71.46	76.43	91.57	
79	64.71	68.58	82.19	73.09	77.46	92.94	
80	66.20	69.54	83.39	74.82	78.59	94.11	
81	66.38	70.49	84.48	74.98	79.62	95.48	
82	67.81	71.35	85.58	76.66	80.66	96.66	
83	70.31	73.36	87.97	79.47	82.91	99.40	
84	72.20	75.27	90.26	81.60	85.07	102.05	
85	74.15	77.28	92.65	83.79	87.32	104.69	
86	75.98	79.19	94.94	85.86	89.48	107.24	
87	77.72	81.00	97.14	87.84	91.55	109.78	
88	79.64	83.01	99.43	89.91	93.71	112.33	
89	81.48	84.92	101.72	91.98	95.87	114.97	
90	83.40	86.92	104.11	94.15	98.12	117.72	
91	85.42	89.02	106.70	96.49	100.56	120.65	
92	87.43	91.13	109.19	98.74	102.91	123.40	
93	89.54	93.32	111.88	101.17	105.44	126.43	
94	91.65	95.52	114.57	103.61	107.98	129.47	
95	93.85	97.81	117.26	106.04	110.51	132.50	
96	96.05	100.10	119.95	108.47	113.05	135.54	
97	98.34	102.49	122.84	111.08	115.77	138.77	
98	100.63	104.88	125.83	113.79	118.59	142.10	
99+	103.02	107.36	128.72	116.40	121.31	145.43	

Open Enrollment or Guaranteed Issue: Determine Underwriting Class based on Tobacco and HT/WT

**Underwritten:** Determine Underwriting Class based on Tobacco, HT/WT, and Preferred Select Medical Question

See UW Guide for detailed instructions

#### **Rate Calculator**

#### **Monthly Rate**

A - Monthly Rate (use table above)

B - Area Factor (see area factors below)

C - Input Household Discount (1.0 if not applicable, 0.93 if roommate HHD applies, 0.9 if dual HHD applies)

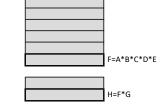
D - Input Activity Tracker Discount (1.0 if not applicable, 0.95 if discount applies)

E - Input Annual Pay Discount (1.0 if not applicable, 0.9 if discount applies)

F - Calculate Monthly Rate (rounded to the nearest penny)

<u>Quarterly, Semi-Annual, or Annual Rate</u> G - Input Modal Factor (Quarterly - multiply by 3, Semi-Annual - multiply by 6, Annual - multiply by 12)

H - Calculate Final Modal Billing Rate (rounded to the nearest penny)



Roommate Household Discount:	7%
Dual Household Discount (applies if multiple people in the same Household have or are applying for National General Medicare Supplement policies):	10%
Annual Pay Discount:	10%
Activity Tracker "Wearable" Discount:	5%

The rates above do not include a one time \$25 policy fee.

Area Factors:

Arizona Zip Codes	Factor
850, 852	0.938
856	0.911
857	0.929
855, 859, 860, 863-865	0.902
Rest of State	0.920

Medicare Supplement Policy 2010 Standardized Plan G Issue Age Premium Rates Rates Effective Upon Approval

Issue		Female			Male	
Age	Preferred Select	Preferred	Standard	Preferred Select	Preferred	Standard
65	129	).17	154.81	145	.91	174.96
66	129	0.17	154.81	145	.91	174.96
67	129.17	135.33	162.20	145.91	152.87	183.31
68	129.17	141.64	169.75	145.91	159.99	191.84
69	129.85	144.78	173.65	146.67	163.66	196.17
70	130.52	148.02	177.44	147.43	167.23	200.50
71	132.54	151.16	181.23	149.71	170.80	204.83
72	136.57	154.31	185.02	154.27	174.37	209.16
73	141.01	158.24	189.73	159.31	178.82	214.40
74	145.51	162.26	194.55	164.42	183.35	219.84
75	151.33	166.39	199.57	171.06	188.09	225.48
76	156.71	170.71	204.69	177.09	192.91	231.32
77	162.17	175.03	209.81	183.21	197.74	237.16
78	165.95	177.49	212.78	187.50	200.54	240.38
79	169.78	179.94	215.65	191.76	203.24	243.71
80	173.64	182.40	218.62	196.15	206.04	247.03
81	174.08	184.85	221.59	196.67	208.84	250.35
82	177.93	187.21	224.46	201.05	211.55	253.57
83	184.43	192.42	230.61	208.32	217.34	260.62
84	189.47	197.53	236.86	214.13	223.23	267.57
85	194.43	202.63	242.90	219.65	228.93	274.42
86	199.23	207.64	248.94	225.12	234.62	281.27
87	203.95	212.55	254.89	230.49	240.22	288.01
88	208.85	217.66	260.93	235.96	245.92	294.86
89	213.84	222.87	267.18	241.61	251.81	301.81
90	218.84	228.07	273.43	247.26	257.70	308.96
91	224.02	233.47	279.98	253.19	263.88	316.31
92	229.39	239.07	286.64	259.21	270.15	323.87
93	234.76	244.67	293.41	265.33	276.53	331.52
94	240.42	250.57	300.37	271.63	283.09	339.37
95	246.07	256.46	307.44	278.02	289.75	347.33
96	251.92	262.55	314.71	284.60	296.61	355.59
97	257.95	268.83	322.30	291.45	303.75	364.15
98	263.98	275.12	329.88	298.31	310.90	372.81
99+	270.29	281.70	337.76	305.44	318.33	381.67

Open Enrollment or Guaranteed Issue: Determine Underwriting Class based on Tobacco and HT/WT

**Underwritten:** Determine Underwriting Class based on Tobacco, HT/WT, and Preferred Select Medical Question

See UW Guide for detailed instructions

#### **Rate Calculator**

#### **Monthly Rate**

A - Monthly Rate (use table above)

B - Area Factor (see area factors below)

C - Input Household Discount (1.0 if not applicable, 0.93 if roommate HHD applies, 0.9 if dual HHD applies)

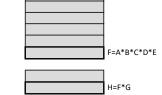
D - Input Activity Tracker Discount (1.0 if not applicable, 0.95 if discount applies)

E - Input Annual Pay Discount (1.0 if not applicable, 0.9 if discount applies)

F - Calculate Monthly Rate (rounded to the nearest penny)

<u>Quarterly, Semi-Annual, or Annual Rate</u> G - Input Modal Factor (Quarterly - multiply by 3, Semi-Annual - multiply by 6, Annual - multiply by 12)

H - Calculate Final Modal Billing Rate (rounded to the nearest penny)



7% Roommate Household Discount: Dual Household Discount (applies if multiple people in the same Household have or are applying for National General Medicare Supplement policies): 10% Annual Pay Discount: 10% Activity Tracker "Wearable" Discount: 5%

The rates above do not include a one time \$25 policy fee.

Area Factors:

Arizona Zip Codes	Factor
850, 852	0.938
856	0.911
857	0.929
855, 859, 860, 863-865	0.902
Rest of State	0.920

Medicare Supplement Policy 2010 Standardized Plan N Issue Age Premium Rates Rates Effective Upon Approval

Issue		Female		Male			
Age	Preferred Select	Preferred	Standard	Preferred Select	Preferred	Standard	
65	98.5	6	118.18	111.3	39	133.54	
66	98.5	6	118.18	111.3	39	133.54	
67	98.56	103.26	123.82	111.39	116.70	139.91	
68	98.56	108.07	129.59	111.39	122.13	146.43	
69	99.07	110.56	132.46	111.97	124.84	149.71	
70	99.59	112.96	135.43	112.54	127.64	153.08	
71	101.13	115.36	138.30	114.29	130.34	156.27	
72	104.21	117.85	141.27	117.77	133.14	159.55	
73	107.63	120.78	144.79	121.61	136.46	163.56	
74	111.10	123.89	148.50	125.50	139.95	167.84	
75	115.51	127.00	152.20	130.47	143.45	171.94	
76	119.44	130.11	156.01	134.98	147.03	176.22	
77	123.68	133.49	160.08	139.79	150.87	180.78	
78	126.64	135.44	162.31	143.03	152.97	183.42	
79	129.55	137.31	164.53	146.31	155.07	185.88	
80	132.49	139.17	166.85	149.70	157.25	188.52	
81	132.82	141.04	169.07	150.06	159.35	191.08	
82	135.82	142.91	171.30	153.44	161.45	193.44	
83	140.81	146.91	176.12	159.10	165.99	198.91	
84	144.67	150.82	180.75	163.41	170.36	204.29	
85	148.38	154.64	185.48	167.73	174.81	209.57	
86	152.04	158.46	189.93	171.76	179.01	214.59	
87	155.63	162.19	194.47	175.86	183.29	219.78	
88	159.38	166.10	199.20	180.14	187.74	225.06	
89	163.13	170.01	203.84	184.33	192.11	230.35	
90	166.97	174.01	208.66	188.69	196.65	235.72	
91	170.89	178.10	213.57	193.13	201.28	241.37	
92	174.98	182.37	218.67	197.74	206.09	247.11	
93	179.16	186.72	223.95	202.52	211.07	252.95	
94	183.42	191.17	229.14	207.21	215.96	258.87	
95	187.77	195.70	234.52	212.08	221.03	264.97	
96	192.21	200.32	240.26	217.27	226.44	271.44	
97	196.81	205.12	245.83	222.30	231.68	277.73	
98	201.50	210.01	251.76	227.67	237.28	284.47	
99+	206.28	214.98	257.69	233.03	242.87	291.12	

Open Enrollment or Guaranteed Issue: Determine Underwriting Class based on Tobacco and HT/WT

**Underwritten:** Determine Underwriting Class based on Tobacco, HT/WT, and Preferred Select Medical Question

See UW Guide for detailed instructions

#### **Rate Calculator**

#### **Monthly Rate**

A - Monthly Rate (use table above)

B - Area Factor (see area factors below)

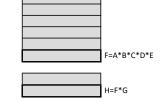
C - Input Household Discount (1.0 if not applicable, 0.93 if roommate HHD applies, 0.9 if dual HHD applies)

D - Input Activity Tracker Discount (1.0 if not applicable, 0.95 if discount applies)

E - Input Annual Pay Discount (1.0 if not applicable, 0.9 if discount applies) F - Calculate Monthly Rate (rounded to the nearest penny)

<u>Quarterly, Semi-Annual, or Annual Rate</u> G - Input Modal Factor (Quarterly - multiply by 3, Semi-Annual - multiply by 6, Annual - multiply by 12)

H - Calculate Final Modal Billing Rate (rounded to the nearest penny)



7% Roommate Household Discount: Dual Household Discount (applies if multiple people in the same Household have or are applying for National General Medicare Supplement policies): 10% Annual Pay Discount: 10% Activity Tracker "Wearable" Discount: 5%

The rates above do not include a one time \$25 policy fee.

Area Factors:

Advance To Code	F. M.
Arizona Zip Codes	Factor
850, 852	0.938
856	0.911
857	0.929
855, 859, 860, 863-865	0.902
Rest of State	0.920

### American Heritage Life Insurance Company

1776 American Heritage Life Drive, Jacksonville, Florida 32224

#### PREMIUM INFORMATION

We, American Heritage Life Insurance Company, can only raise your premium if we raise the premium for all policies like yours in this State. We will not change the premiums for this policy during your first year of coverage. No rate adjustment may be made on an individual basis. Also, your renewal premiums may change on a renewal date following the Effective Date of any change in the deductible and/or coinsurance amounts which you are required to pay under Medicare. Any such premium change will be based on the actuarial computations that we then use to determine the renewal premium.

#### READ YOUR POLICY VERY CAREFULLY

This is only an outline describing your policy's most important features. The policy is your insurance contract. You must read the policy itself to understand all of the rights and duties of both you and your insurance company.

#### **RIGHT TO RETURN POLICY**

If you find that you are not satisfied with your policy, you may return it to us at: 1776 American Heritage Life Drive, Jacksonville, Florida 32224. If you send the policy back to us within 30 days after you receive it, we will treat the policy as if it had never been issued, and return all of your payments.

#### POLICY REPLACEMENT

If you are replacing another health insurance policy, do NOT cancel it until you have actually received your new policy and are sure you want to keep it.

### **NOTICE**

This policy may not fully cover all of your medical costs. Neither American Heritage Life Insurance Company nor its agents are connected with Medicare. This Outline of Coverage does not give all the details of Medicare coverage. Contact your local Social Security Office or consult *Medicare & You* for more details.

#### **COMPLETE ANSWERS ARE VERY IMPORTANT**

When you fill out the application for the new policy, be sure to answer truthfully and completely all questions about your medical and health history. The company may cancel your policy and refuse to pay any claims if you leave out or falsify important medical information.

Review the application carefully before you sign it. Be certain that all information has been properly recorded.

## PLAN A MEDICARE (PART A) - HOSPITAL SERVICES - PER BENEFIT PERIOD

\* A benefit period begins on the first day you receive service as an inpatient in a hospital and ends after you have been out of the hospital and have not received skilled care in any other facility for 60 days in a row.

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
HOSPITALIZATION* Semiprivate room and board, general nursing			
and miscellaneous services and supplies First 60 days	All but \$1632	\$0	\$1632 (Part A deductible)
61st thru 90th day	All but \$408 a day	\$408 a day	\$0
91 <sup>st</sup> day and after: -While using 60 lifetime reserve days	All but \$816 a day	\$816 a day	\$0
-Once lifetime reserve days are used: -Additional 365 days	\$0	100% of Medicare eligible expenses	\$0***
-Beyond the additional 365 days	\$0	\$0	All costs
SKILLED NURSING FACILITY CARE* You must meet Medicare's requirements, including having been in a hospital for at least 3 days and entered a Medicare-approved facility within 30 days after leaving the hospital First 20 days	All approved amounts	\$0	\$0
21st thru 100th day 101st day and after	All but \$204 a day \$0	\$0 \$0	Up to \$204 a day All costs
BLOOD			
First 3 pints Additional amounts	\$0 100%	3 pints \$0	\$0 \$0
HOSPICE CARE You must meet Medicare's requirements, including a doctor's certification of terminal illness	All but very limited copayment/coinsurance for outpatient drugs and inpatient respite care.	Medicare copayment/coinsurance	\$0

<sup>\*\*</sup> NOTICE: When your Medicare Part A hospital benefits are exhausted, the insurer stands in the place of Medicare and will pay whatever amount Medicare would have paid for up to an additional 365 days as provided in the policy's "Core Benefits." During this time the hospital is prohibited from billing you for the balance based on any difference between its billed charges and the amount Medicare would have paid.

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# Plan A (continued) MEDICARE (Part B) - MEDICAL SERVICES -PER CALENDAR YEAR

\*\* Once you have been billed \$240 of Medicare-Approved amounts for covered services (which are noted with a double asterisk), your Part B Deductible will have been met for the calendar year.

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
MEDICAL EXPENSES-IN OR OUT OF THE HOSPITAL AND OUTPATIENT TREATMENT, such as Physician's services, inpatient and outpatient medical and surgical services and supplies, physical and speech therapy, diagnostic tests, durable medical equipment, First \$240 of Medicare Approved Amounts**	\$0	\$0	\$240
		·	(Part B Deductible)
Remainder of Medicare Approved Amounts	Generally 80%	Generally 20%	\$0
Part B Excess Charges (Above Medicare Approved Amounts)	\$0	\$0	All costs
BLOOD First 3 pints	\$0	All costs	\$0
Next \$240 of Medicare Approved Amounts**	\$0	\$0	\$240 (Part B Deductible)
Remainder of Medicare Approved Amounts	80%	20%	\$0
CLINICAL LABORATORY SERVICES - TESTS FOR DIAGNOSTIC SERVICES	100%	\$0	\$0
	Part A & B		
HOME HEALTH CARE MEDICARE APPROVED SERVICES -Medically necessary skilled care services and medical supplies -Durable medical equipment First \$240 of Medicare Approved Amounts**	100% \$0	\$0 \$0	\$0 \$240 (Part B Deductible)
Remainder of Medicare Approved Amounts	80%	20%	\$0

## PLAN F or HIGH DEDUCTIBLE F MEDICARE (PART A) - HOSPITAL SERVICES - PER BENEFIT PERIOD

- \* A benefit period begins on the first day you receive service as an inpatient in a hospital and ends after you have been out of the hospital and have not received skilled care in any other facility for 60 days in a row.
- \*\*This high deductible plan pays the same benefits as Plan F after you have paid a calendar year \$2800 deductible. Benefits from the high deductible plan F will not begin until out-of-pocket expenses are \$2800. Out-of-pocket expenses for this deductible are expenses that would ordinarily be paid by the policy. This includes the Medicare deductible for Part A and Part B, but does not include the plan's separate foreign travel emergency deductible.

include the plan's separate foreign traver emerge		AFTER YOU PAY \$2800	
SERVICES	MEDICARE PAYS	DEDUCTIBLE, ** PLAN PAYS	YOU PAY
HOSPITALIZATION*			
Semiprivate room and board, general nursing			
and miscellaneous services and supplies First 60 days	All but \$1632	\$1632 (Part A deductible)	\$0
61st thru 90th day	All but \$408 a day	\$408 a day	\$0
91st day and after:	•		·
-While using 60 lifetime reserve days	All but \$816 a day	\$816 a day	\$0
-Once lifetime reserve days are used:			
-Additional 365 days	\$0	100% of Medicare	\$0***
Poyand the additional 265 days	\$0	eligible expenses \$0	All costs
-Beyond the additional 365 days	Φυ	φυ	All Costs
SKILLED NURSING FACILITY CARE*			
You must meet Medicare's requirements, including			
having been in a hospital for at least 3 days and			
entered a Medicare-approved facility within 30			
days after leaving the hospital	All	Φ0	Φ0
First 20 days 21st thru 100th day	All approved amounts All but \$204 a day	\$0 Up to \$204 a day	\$0 \$0
101st day and after	\$0	\$0	All costs
BLOOD	'	·	
First 3 pints	\$0	3 pints	\$0
Additional amounts	100%	\$0	\$0
HOSPICE CARE You must meet Medicare's requirements,	All but very limited copayment/coinsurance	Medicare	ф.
including a doctor's certification of terminal illness	for outpatient drugs and inpatient respite care.	copayment/coinsurance	\$0

<sup>\*\*\*</sup> NOTICE: When your Medicare Part A hospital benefits are exhausted, the insurer stands in the place of Medicare and will pay whatever amount Medicare would have paid for up to an additional 365 days as provided in the policy's "Core Benefits." During this time the hospital is prohibited from billing you for the balance based on any difference between its billed charges and the amount Medicare would have paid.

## Plan F or High Deductible F (continued) MEDICARE (Part B) - MEDICAL SERVICES -PER CALENDAR YEAR

<sup>\*\*</sup>This high deductible plan pays the same benefits as Plan F after you have paid a calendar year \$2800 deductible. Benefits from the high deductible plan F will not begin until out-of-pocket expenses are \$2800. Out-of-pocket expenses for this deductible are expenses that would ordinarily be paid by the policy. This includes the Medicare deductible for Part A and Part B, but does not include the plan's separate foreign travel emergency deductible.

include the plan's separate foreign traver emerge	mey deddeddiole:		
SERVICES	MEDICARE PAYS	AFTER YOU PAY \$2800 DEDUCTIBLE** PLAN PAYS	YOU PAY
MEDICAL EXPENSES-IN OR OUT OF THE HOSPITAL AND OUTPATIENT TREATMENT, such as Physician's services, inpatient and outpatient medical and surgical services and supplies, physical and speech therapy, diagnostic tests, durable medical equipment,			
First \$240 of Medicare Approved Amounts** Remainder of Medicare Approved Amounts	\$0 Generally 80%	\$240 (Part B Deductible) Generally 20%	\$0 \$0
Part B Excess Charges (Above Medicare Approved Amounts)	\$0	100%	\$0
BLOOD First 3 pints Next \$240 of Medicare Approved Amounts** Remainder of Medicare Approved Amounts	\$0 \$0 80%	All costs \$240 (Part B Deductible) 20%	\$0 \$0 \$0
CLINICAL LABORATORY SERVICES - TESTS FOR DIAGNOSTIC SERVICES	100%	\$0	\$0
	Part A & B		
HOME HEALTH CARE - MEDICARE APPROVED SERVICES -Medically necessary skilled care services			
and medical supplies -Durable medical equipment	100%	\$0	\$0
First \$240 of Medicare Approved Amounts** Remainder of Medicare Approved Amounts	\$0 80%	\$240 (Part B Deductible) 20%	\$0 \$0
Other I	Benefits - Not Covered by	Medicare	
FOREIGN TRAVEL- NOT COVERED BY MEDICARE,			
Medically necessary emergency care services beginning during the first 60 days of each trip outside the USA			
First \$250 each calendar year	\$0	\$0	\$250
Remainder of Charges	\$0	80% to a lifetime maximum benefit of \$50,000	20% and amounts over the \$50,000 lifetime Maximum

<sup>\*</sup>Once you have been billed \$240 of Medicare-Approved amounts for covered services (which are noted with a double asterisk), your Part B Deductible will have been met for the calendar year.

# PLAN G MEDICARE (PART A) - HOSPITAL SERVICES - PER BENEFIT PERIOD

- \* A benefit period begins on the first day you receive service as an inpatient in a hospital and ends after you have been out of the hospital and hot not received skilled care in any other facility for 60 days in a row.
- \*\* This high deductible plan pays the same benefits as Plan G after you have paid a calendar year \$2800 deductible. Benefits from the high deductible plan G will not begin until out-of-pocket expenses are \$2800. Out-of-pocket expenses for this deductible include expenses for the Medicare Part B deductible, and expenses that would ordinarily be paid by the policy. This does not include the plan's separate foreign travel emergency deductible.

plan's separate foreign traver emergency deductible.			
SERVICES	MEDICARE PAYS	AFTER YOU PAY \$2800 DEDUCTIBLE, ** PLAN PAYS	YOU PAY
HOSPITALIZATION*			
Semiprivate room and board, general nursing			
and miscellaneous services and supplies			
First 60 days	All but \$1632	\$1632 (Part A deductible)	\$0
61st thru 90th day	All but \$408 a day	\$408 a day	\$0
91st day and after:			•
-While using 60 lifetime reserve days	All but \$816 a day	\$816 a day	\$0
-Once lifetime reserve days are used:			
-Additional 365 days	\$0	100% of Medicare	\$0***
Additional ood days	ΨΟ	eligible expenses	ΨΟ
-Beyond the additional 365 days	\$0	\$0	All costs
	·	· ·	
SKILLED NURSING FACILITY CARE*			
You must meet Medicare's requirements,			
including			
having been in a hospital for at least 3 days and			
entered a Medicare-approved facility within 30 days after leaving the hospital			
First 20 days	All approved amounts	\$0	\$0
21st thru 100th day	All but \$204 a day	Up to \$204 a day	<b>\$</b> 0
101st day and after	\$0	\$0	All costs
-			
BLOOD			
First 3 pints	\$0	3 pints	\$0
Additional amounts	100%	\$0	\$0
LICOPIOS CARS	All but very limited		
HOSPICE CARE You must meet Medicare's requirements,	copayment/coinsurance	Medicare	
including a doctor's certification of terminal	for outpatient drugs and	copayment/coinsurance	\$0
illness	inpatient respite care.		ΨΟ

<sup>\*\*\*</sup> NOTICE: When your Medicare Part A hospital benefits are exhausted, the insurer stands in the place of Medicare and will pay whatever amount Medicare would have paid for up to an additional 365 days as provided in the policy's "Core Benefits." During this time the hospital is prohibited from billing you for the balance based on any difference between its billed charges and the amount Medicare would have paid.

# Plan G (continued) MEDICARE (Part B) - MEDICAL SERVICES -PER CALENDAR YEAR

<sup>\*\*</sup> This high deductible plan pays the same benefits as Plan G after you have paid a calendar year \$2800 deductible. Benefits from the high deductible plan G will not begin until out-of-pocket expenses are \$2800. Out-of-pocket expenses for this deductible include expenses for the Medicare Part B deductible, and expenses that would ordinarily be paid by the policy. This does not include the plan's separate foreign travel emergency deductible.

foreign travel emergency deductible.			
SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
MEDICAL EXPENSES-IN OR OUT OF THE HOSPITAL AND OUTPATIENT TREATMENT, such as Physician's services, inpatient and outpatient medical and surgical services and supplies, physical and speech therapy,			
diagnostic tests, durable medical equipment, First \$240 of Medicare Approved Amounts**	\$0	\$0	\$240 (Unless Part B Deductible has been met)
Remainder of Medicare Approved Amounts	Generally 80%	Generally 20%	\$0
Part B Excess Charges (Above Medicare Approved Amounts)	\$0	100%	\$0
BLOOD First 3 pints Next \$240 of Medicare Approved Amounts**	\$0 \$0	All costs \$0	\$0 \$240 (Unless Part B Deductible has been met)
Remainder of Medicare Approved Amounts	80%	20%	\$0
CLINICAL LABORATORY SERVICES - TESTS FOR DIAGNOSTIC SERVICES	100%	\$0	\$0
	Parts A & B		
HOME HEALTH CARE - MEDICARE APPROVED SERVICES -Medically necessary skilled care services and medical supplies	100%	\$0	\$0
-Durable medical equipment First \$240 of Medicare Approved Amounts**	\$0	\$0	\$240 (Unless Part B Deductible has been met)
Remainder of Medicare Approved Amounts	80%	20%	\$0
Other	Benefits - Not Covered by	Medicare	
FOREIGN TRAVEL- NOT COVERED BY MEDICARE, Medically necessary emergency care services			
beginning during the first 60 days of each trip outside the USA			
First \$250 each calendar year Remainder of Charges	\$0 \$0	\$0 80% to a lifetime maxi- mum benefit of \$50,000	\$250 20% and amounts over the \$50,000 lifetime maximum

<sup>\*\*</sup>Once you have been billed \$240 of Medicare-Approved amounts for covered services (which are noted with a double asterisk), your Part B Deductible will have been met for the calendar year.

## PLAN N MEDICARE (PART A) - HOSPITAL SERVICES - PER BENEFIT PERIOD

\* A benefit period begins on the first day you receive service as an inpatient in a hospital and ends after you have been out of the hospital and have not received skilled care in any other facility for 60 days in a row.

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
HOSPITALIZATION* Semiprivate room and board, general nursing			
and miscellaneous services and supplies First 60 days	All but \$1632	\$1632 (Part A deductible)	\$0
61st thru 90th day	All but \$408 a day	\$408 a day	\$0
91st day and after:			
-While using 60 lifetime reserve days	All but \$816 a day	\$816 a day	\$0
-Once lifetime reserve days are used:			
-Additional 365 days	\$0	100% of Medicare eligible	\$0***
Decreed the additional 205 days	Φ0	expenses	A.II. a. a. a.f. a
-Beyond the additional 365 days  SKILLED NURSING FACILITY CARE*	\$0	\$0	All costs
You must meet Medicare's requirements,			
including having been in a hospital for at least 3			
days and entered a Medicare-approved facility within 30 days after leaving the hospital			
First 20 days	All approved amounts	\$0	\$0
21st thru 100th day	All but \$204 a day	Up to \$204 a day	\$0
101st day and after	\$0	\$0	All costs
BLOOD	Φ0	2	<b>#</b> 0
First 3 pints Additional amounts	\$0 100%	3 pints \$0	\$0 \$0
HOSPICE CARE		ΨΟ	ΨΟ
You must meet Medicare's requirements,	All but very limited copayment/coinsurance		
including a doctor's certification of terminal	for outpatient drugs and	Medicare	\$0
illness	inpatient respite care.	copayment/coinsurance	ΨΟ

<sup>\*\*</sup> NOTICE: When your Medicare Part A hospital benefits are exhausted, the insurer stands in the place of Medicare and will pay whatever amount Medicare would have paid for up to an additional 365 days as provided in the policy's "Core Benefits." During this time the hospital is prohibited from billing you for the balance based on any difference between its billed charges and the amount Medicare would have paid.

# Plan N (continued) MEDICARE (Part B) - MEDICAL SERVICES -PER CALENDAR YEAR

\* Once you have been billed \$240 of Medicare-Approved amounts for covered services (which are noted with a double asterisk), your Part B Deductible will have been met for the calendar year.

Part B Deductible will have been met for the cale	ndar year.		
SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
MEDICAL EXPENSES-IN OR OUT OF THE HOSPITAL AND OUTPATIENT TREATMENT, such as Physician's services, inpatient and outpatient medical and surgical services and supplies, physical and speech therapy, diagnostic tests, durable medical			
equipment,			
First \$240 of Medicare Approved Amounts**	\$0	\$0	\$240 (Part B Deductible)
Remainder of Medicare Approved Amounts	Generally 80%	Balance, other than up to \$20 per office visit and up to \$50 per emergency room visit. The copayment of up to \$50 is waived if the insured is admitted to any hospital and the emergency visit is covered as a Medicare Part A expense	Up to \$20 per office visit and up to \$50 per emergency room visit. The copayment of up to \$50 is waived if the insured is admitted to any hospital and the emergency visit is covered as a Medicare Part A expense.
Part B Excess Charges	\$0	\$0	All costs
(Above Medicare Approved Amounts)	¥*	<b>,</b>	7 111 00010
BLOOD Eirot 2 pinto	\$0	All costs	\$0
First 3 pints Next \$240 of Medicare Approved Amounts**	\$0 \$0	\$0	φυ \$240 (Part B Deductible)
Remainder of Medicare Approved Amounts	80%	20%	\$0
CLINICAL LABORATORY SERVICES - TESTS FOR DIAGNOSTIC SERVICES	100%	\$0	\$0
	Part A & B		
HOME HEALTH CARE - MEDICARE APPROVED SERVICES -Medically necessary skilled care services and			
medical supplies -Durable medical equipment	100%	\$0	\$0
First \$240 of Medicare Approved Amounts**	\$0	\$0	\$240 (Part B Deductible)
Remainder of Medicare Approved Amounts	80%	20%	\$0
Other	Benefits - Not Covered by	Medicare	
FOREIGN TRAVEL-NOT COVERED BY MEDICARE,			
Medically necessary emergency care services beginning during the first 60 days of each trip outside the USA			
First \$250 each calendar year	\$0	\$0	\$250
Remainder of Charges	\$0	80% to a lifetime maximum benefit of \$50,000	20% and amounts over the \$50,000 lifetime maximum



### NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

### **EFFECTIVE APRIL 14, 2003**

We are required by the privacy regulations issued under the Health Insurance Portability and Accountability Act of 1996 ("HIPAA") to maintain the privacy of our Plan's customers' Protected Health Information and to provide those customers with notice of our legal duties and privacy practices with respect to your Protected Health Information. If your state provides privacy protections that are more stringent than those provided by HIPAA, we will maintain your Protected Health Information in accordance with the more stringent state standard.

This Notice applies to "Protected Health Information" associated with "Health Plans" issued by American Heritage Life Insurance Company.

This Notice describes how we may use and disclose Protected Health Information to perform claims handling, payment, general insurance operations, and for other purposes that are permitted or required by law. Use or disclosure of your Protected Health Information for the purposes described in this Notice may be made in writing, orally, or by electronic means.

We are required to abide by the terms of this Notice. However, we may change the terms of this Notice at any time. If we change this Notice, we may make the new notice terms effective for all of your Protected Health Information that we maintain, including any information we created or received prior to issuing the new notice. If we make a material revision to our Privacy Notice, copies will be sent to you if you are then currently insured under our Plan.

Protected Health Information means information about you that is created or received by us and during the administration of coverage under the Plan, which identifies you or for which there is a reasonable basis to believe the information can be used to identify you and that relates to:

- 1) the past, present or future physical or mental health condition of the individual; or
- 2) the provision of health care to the individual; or
- 3) the past, present or future payment for the provision of health care to the individual.

#### Uses and Disclosures of Protected Health Information With Your Written Authorization

Except as described in the next section of this Notice, we will not use or disclose your Protected Health Information for any purpose unless you have signed a form authorizing the use or disclosure. You have the right to revoke that authorization in writing at any time, except to the extent that we have already taken action in reliance on the authorization; or the authorization was obtained as a condition of obtaining coverage, to the extent that other law allows the insurer to contest a claim under the policy or the policy itself.

#### Uses and Disclosures of Protected Health Information Without Your Written Authorization

**For Payment**. We may make use of and disclose your Protected Health Information without your written authorization as may be necessary for payment purposes. For example, we may use information regarding your medical procedures and treatment to process and pay claims or certify these services are covered under your Plan.

**For Plan Administrative Operations**. We may make use of and disclose your Protected Health Information without your written authorization as necessary for our Plan administrative operations. Plan administrative operations include our usual business activities, examples of which are management, licensing, peer review, quality improvement and assurance, enrollment, underwriting, reinsurance, compliance, auditing, rating, claims handling, complaint handling and other functions related to your Plan.

**To Individuals Involved In Your Care**. We may, without your written authorization, for the purposes of treatment, payment or Plan administrative operations, disclose the fact that you are covered under a Plan or that payment has been processed to a family member, other relative, your close personal friend or any other person you may identify. In these circumstances, we would not disclose any Protected Health Information which is not directly relevant to that person's involvement with your care or with payment for your care.

If you have designated a person to receive information regarding payment of the premium or pay premium via credit card, we may inform that person or credit card facility when your premium has not been paid or received by us.

We may also disclose limited Protected Health Information to a public or private entity that is authorized to assist in disaster relief efforts in order for that entity to locate a family member or other persons that may be involved in some aspect of caring for you.

**To Our Business Associates**. Certain aspects and components of our services are performed through contracts with outside persons or organizations. Examples of these may include, but are not limited to our duly appointed insurance agents, financial auditors, reinsurers, legal services, enrollment and billing services, claim payment and medical management services. We may provide access to your Protected Health Information without your written authorization to one or more of these outside persons or organizations who assist us with payment or Plan administrative operations. We require these business associates to appropriately safeguard the privacy of your information.

**To Plan Sponsors.** If you are enrolled in a group health plan, we may share summary health information with your employer, union, or other employee organization that sponsors and maintains the group health plan, for purposes of obtaining premium bids; or modifying, amending, or terminating the group health plan; or enrollment and disenrollment information.

For Other Products and Services. We may contact you without your written authorization to provide information regarding Plan upgrades or additional benefits that may be of interest to you. For example, we may use the fact that you currently are insured under a Plan for the purpose of communicating to you about changes to our Plan or products that could enhance or add value to existing coverage.

**For Disclosure With Authorization.** Unless otherwise excluded in this notice, we will not disclose any other Protected Health Information to any person or entity not specifically mentioned elsewhere in this Notice without your express written authorization.

**For Other Uses and Disclosures**. We are permitted or required by law to make some other uses and disclosures of your Protected Health Information without your authorization. We may release your Protected Health Information:

• if required by law to a government authorized health oversight agency or company conducting audits, investigations, or civil or criminal proceedings.

- if required to do so by a court or administrative ordered subpoena or discovery request. In most cases you will have notice of such a release.
- for public health activities, such as required reporting of disease, injury, birth and death and for required public health investigations.
- as required by law if we suspect child abuse or neglect or if we believe you to be a victim of abuse, neglect or domestic violence.
- to the Food and Drug Administration if necessary to report adverse events, product defects or to participate in product recalls.
- to law enforcement officials as required by law to report wounds, injuries or crimes.
- to coroners, medical examiners and/or funeral directors consistent with law.
- for a national security or intelligence activity or, if you are a member of the military, as required by the armed forces.
- to workers' compensation agencies or similar programs, established by law, that provide benefits for work-related injuries or illness without regard to fault.

#### **Your Rights**

Right to Inspect and Copy Your Protected Health Information. You may have access to our records that contain your Protected Health Information in order to inspect and obtain copies of the records. Under limited circumstances, we may deny you access to a portion of your records. If you desire access to your records, please obtain a record request form from our Privacy Officer and submit the completed form to our Privacy Office. If you request copies, we may charge you copying and mailing costs.

Right to Amend Your Protected Health Information. You have the right to request that we amend your Protected Health Information maintained in our enrollment, payment, claims adjudication and case or medical management records, or other records we use to make decisions about you. If you desire to amend these records, please obtain an amendment request form from our Privacy Officer and submit the completed form to our Privacy Office. We will comply with your request unless special circumstances apply. If your physician or other health care provider created the information that you desire to amend, you should contact the provider to amend the information.

Right to an Accounting of the Disclosures of Your Protected Health Information. Upon request, you may obtain an accounting of certain disclosures of your Protected Health Information made by us on or after April 14, 2003, excluding disclosures made earlier than six years before the date of your request. If you request an accounting more than once during any 12 month period, we will charge you a reasonable fee for the subsequent accounting statements.

**Right to Request Confidential Communications.** We will accommodate your reasonable request to receive communications of your Protected Health Information from us by alternative means of communication or at alternative locations if the request clearly states that disclosure of that information could endanger you.

Right to Request Restrictions on Use and Disclosure of Your Protected Health Information. You have the right to request restrictions on some of our uses and disclosures of your Protected Health Information to family members and others involved in your care or payment for care; or some of our uses and disclosures used to carry out treatment, payment, or Plan administrative operations, by notifying us of your request for a restriction in writing mailed to the contact identified at the end of this Notice. Your request must describe in detail the restriction you are requesting. We are not required to agree to your restriction request but will attempt to accommodate your requests. We retain the right to terminate an agreed-to restriction. In the event of a termination of an agreed-to restriction by us, we will notify you of HIPNAHL1

such termination, but the termination will only be effective for Protected Health Information we receive after we have notified you of the termination. You also have the right to terminate any agreed-to restriction by contacting us using the "Contact Information" provided at the end of this Notice.

**Personal Representatives.** You may exercise your rights through a personal representative who will be required to produce evidence of his or her authority to act on your behalf. Proof of authority may be made by a notarized power of attorney, a court order of appointment of the person as your legal guardian or conservator, or if you are the parent of a minor child. We reserve the right to deny access to your personal representative.

**Right to Receive Paper Copy of this Notice.** You may obtain a copy of this Notice. You may obtain a paper copy of this Notice even if you agreed to receive such notice electronically. Please contact us and we will mail it to you.

#### **Complaints**

If you believe your privacy rights have been violated, you can file a complaint with the Plan or with the Secretary of the U.S. Department of Health and Human Services. To file a complaint with the Plan, send it in writing to the "Contact Information" at the address listed at the end of this Notice. There will be no retaliation for filing a complaint.

You may obtain a copy of this Notice by writing to us at the contact address below.

#### **Contact Information**

If you have questions or need further assistance regarding this Notice, you may contact:

Allstate Benefits Attn: HIPAA Privacy Officer 1776 American Heritage Life Drive Jacksonville, Florida 32224

Or, you may telephone the Customer Care Center at 1-800-521-3535.