NATIONAL HEALTH INSURANCE COMPANY

Outline of Medicare Supplement Plans A, C, F, High Deductible F, G, N

These charts show the benefits included in each of the standard Medicare supplement plans. Every company must make available Plan "A". Some plans may not be available in your state.

Basic Benefits:

Hospitalization - Part A coinsurance plus coverage for 365 additional days after Medicare benefits end;

Medical Expenses - Part B coinsurance (generally 20% of Medicare-approved expenses) or co-payments for hospital outpatient services. Plans K, L and N require insureds to pay a portion of the part B coinsurance or copayments;

Blood - First three pints of blood each year;

Hospice - Part A coinsurance.

A❖	B	C❖	D	F❖	F*❖	G❖	K	L	M	N❖
Basic Including 100% Part B coinsurance	Basic Including 100% Part B coinsurance	Basic Including 100% Part B coinsurance	Basic Including 100% Part B coinsurance	Basic Including 100% Part B coinsurance		Basic Including 100% Part B coinsurance	Hospitalization and preventive care paid at 100%; other basic benefits paid at 50%	Hospitalization and preventive care paid at 100%; other basic benefits paid at 75%	Basic, including 100% Part B coinsurance	Basic Including 100% Part B coinsurance, except up to $20 co-payment for office visits and up to $50 co-payment for ER
		Skilled Nursing Facility Coinsurance	Skilled Nursing Facility Coinsurance	Skilled Nursing Facility Coinsurance		Skilled Nursing Facility Coinsurance	50% Skilled Nursing Facility Coinsurance	75% Skilled Nursing Facility Coinsurance	Skilled Nursing Facility Coinsurance	Skilled Nursing Facility Coinsurance
	Part A Deductible	Part A Deductible	Part A Deductible	Part A Deductible		Part A Deductible	50% Part A Deductible	75% Part A Deductible	50% Part A Deductible	Part A Deductible
		Part B Deductible		Part B Deductible						
				Part B Excess (100%)		Part B Excess (100%)				
		Foreign Travel Emergency	Foreign Travel Emergency	Foreign Travel Emergency		Foreign Travel Emergency			Foreign Travel Emergency	Foreign Travel Emergency
							Out-of-Pocket limit $7060; paid at 100% after limit reached	Out-of-Pocket limit $3530; paid at 100% after limit reached		

❖ Plans currently available for sale.

*Plan F also has an option called a high deductible plan F. This high deductible plan pays the same benefits as Plan F after one has paid a calendar year $2800 deductible. Benefits from high deductible plan F will not begin until out-of-pocket expenses exceed $2800. Out-of-pocket expenses for this deductible are expenses that would ordinarily be paid by the policy. These expenses include the Medicare deductibles for Part A and Part B, but do not include the plan's separate foreign travel emergency deductible.

NATIONAL HEALTH INSURANCE COMPANY
Medicare Supplement Policy
2010 Standardized Plan A
Attained Age Premium Rates
Rates Effective Upon Approval

Attained Age	Female			Male		
	Preferred Select	Preferred	Standard	Preferred Select	Preferred	Standard
0-64	415.53		498.29	469.63		562.99
65	98.69		118.35	111.54		133.71
66	98.69		118.35	111.54		133.71
67	98.69	104.65	125.50	111.54	118.28	141.79
68	98.69	108.21	129.76	111.54	122.30	146.61
69	98.69	111.60	133.77	111.54	126.08	151.12
70	98.69	115.08	137.98	111.54	130.04	155.90
71	102.32	118.56	142.18	115.65	134.00	160.60
72	105.96	122.13	146.38	119.75	137.96	165.38
73	110.13	125.79	150.77	124.41	142.10	170.36
74	114.52	129.54	155.26	129.35	146.33	175.43
75	119.05	133.39	159.94	134.53	150.74	180.68
76	123.81	137.41	164.71	139.87	155.24	186.13
77	128.72	141.53	169.68	145.44	159.92	191.76
78	133.79	145.74	174.74	151.18	164.69	197.39
79	139.10	150.14	179.99	157.17	169.64	203.40
80	144.57	154.63	185.34	163.32	174.67	209.40
81	150.01	159.29	190.97	169.49	179.98	215.79
82	155.92	164.06	196.70	176.19	185.38	222.26
83	161.81	168.82	202.43	182.86	190.78	228.74
84	166.50	173.58	208.06	188.10	196.09	235.12
85	171.03	178.24	213.69	193.25	201.40	241.41
86	175.51	182.91	219.33	198.34	206.71	247.80
87	179.90	187.49	224.77	203.26	211.84	253.99
88	184.38	192.16	230.41	208.36	217.15	260.37
89	188.95	196.92	236.04	213.45	222.46	266.66
90	193.69	201.86	241.96	218.80	228.04	273.42
91	198.52	206.90	248.07	224.33	233.80	280.27
92	203.53	212.12	254.28	229.94	239.65	287.31
93	208.62	217.43	260.67	235.73	245.68	294.54
94	213.80	222.83	267.17	241.60	251.80	301.86
95	219.16	228.41	273.85	247.64	258.10	309.46
96	224.61	234.09	280.63	253.77	264.49	317.06
97	230.23	239.95	287.70	260.16	271.15	325.04
98	236.03	245.99	294.95	266.73	277.99	333.30
99+	241.91	252.12	302.31	273.38	284.91	341.56

Open Enrollment or Guaranteed Issue: *Select the lowest available rate based on age*
Underwritten: *Determine Underwriting Class based on Tobacco, HT/WT, and Preferred Select Medical Question*
See UW Guide for detailed instructions

Rate Calculator

Monthly Rate

A - Monthly Rate (use table above)		
B - Area Factor (see area factors below)		
C - Input Household Discount (1.0 if not applicable, 0.93 if roommate HHD applies, 0.9 if dual HHD applies)		
D - Input Activity Tracker Discount (1.0 if not applicable, 0.95 if discount applies)		
E - Input Annual Pay Discount (1.0 if not applicable, 0.9 if discount applies)		
F - Calculate Monthly Rate (rounded to the nearest penny)		F=A*B*C*D*E

Quarterly, Semi-Annual, or Annual Rate

G - Input Modal Factor (Quarterly - multiply by 3, Semi-Annual - multiply by 6, Annual - multiply by 12)		
H - Calculate Final Modal Billing Rate (rounded to the nearest penny)		H=F*G

Roommate Household Discount:	7%
Dual Household Discount (applies if multiple people in the same Household have or are applying for National General Medicare Supplement policies):	10%
Annual Pay Discount:	10%
Activity Tracker "Wearable" Discount:	5%

The rates above do not include a one time $25 policy fee.

Area Factors:

Michigan Zip Codes	Factor
Area 1: 480-483	1.270
Area 2: 484-485	1.194
Area 3: 486-489, 492	1.120
Area 4: All Other Zip Codes	1.051

NATIONAL HEALTH INSURANCE COMPANY
Medicare Supplement Policy
2010 Standardized Plan C
Attained Age Premium Rates
Rates Effective Upon Approval

Attained Age	Female			Male		
	Preferred Select	Preferred	Standard	Preferred Select	Preferred	Standard
0-64	533.97		640.25	603.42		723.33
65	126.82		152.06	143.31		171.79
66	126.82		152.06	143.31		171.79
67	126.82	134.49	161.25	143.31	151.98	182.18
68	126.82	139.05	166.73	143.31	157.14	188.37
69	126.82	143.38	171.90	143.31	162.01	194.18
70	126.82	147.79	177.25	143.31	167.06	200.28
71	131.49	152.29	182.51	148.59	172.01	206.19
72	136.16	156.80	188.05	153.87	177.24	212.47
73	141.45	161.57	193.69	159.82	182.55	218.84
74	147.05	166.34	199.52	166.23	188.04	225.39
75	152.96	171.39	205.43	172.80	193.62	232.13
76	159.04	176.52	211.63	179.71	199.46	239.15
77	165.38	181.83	218.02	186.88	205.48	246.26
78	171.88	187.24	224.50	194.24	211.59	253.65
79	178.65	192.82	231.17	201.86	217.87	261.13
80	185.76	198.67	238.12	209.84	224.42	269.16
81	192.69	204.62	245.35	217.76	231.24	277.20
82	200.29	210.74	252.68	226.33	238.15	285.51
83	207.95	216.96	260.10	234.97	245.14	293.91
84	213.90	222.99	267.33	241.68	251.96	302.13
85	219.75	229.03	274.57	248.29	258.77	310.25
86	225.54	235.06	281.80	254.83	265.59	318.38
87	231.16	240.91	288.85	261.21	272.23	326.32
88	236.95	246.95	296.08	267.75	279.05	334.54
89	242.91	253.16	303.41	274.37	285.95	342.85
90	248.96	259.47	311.11	281.34	293.21	351.53
91	255.18	265.95	318.90	288.39	300.56	360.30
92	261.57	272.61	326.89	295.61	308.09	369.35
93	268.14	279.46	334.97	302.91	315.70	378.49
94	274.80	286.39	343.33	310.47	323.58	388.00
95	281.62	293.51	351.88	318.20	331.63	397.60
96	288.62	300.80	360.61	326.10	339.87	407.39
97	295.79	308.28	369.63	334.26	348.37	417.64
98	303.23	316.02	378.84	342.58	357.04	428.07
99+	310.83	323.95	388.32	351.16	365.98	438.78

Open Enrollment or Guaranteed Issue: *Select the lowest available rate based on age*
Underwritten: *Determine Underwriting Class based on Tobacco, HT/WT, and Preferred Select Medical Question*
See UW Guide for detailed instructions

Rate Calculator

Monthly Rate

A - Monthly Rate (use table above)		
B - Area Factor (see area factors below)		
C - Input Household Discount (1.0 if not applicable, 0.93 if roommate HHD applies, 0.9 if dual HHD applies)		
D - Input Activity Tracker Discount (1.0 if not applicable, 0.95 if discount applies)		
E - Input Annual Pay Discount (1.0 if not applicable, 0.9 if discount applies)		
F - Calculate Monthly Rate (rounded to the nearest penny)		F=A*B*C*D*E

Quarterly, Semi-Annual, or Annual Rate

G - Input Modal Factor (Quarterly - multiply by 3, Semi-Annual - multiply by 6, Annual - multiply by 12)		
H - Calculate Final Modal Billing Rate (rounded to the nearest penny)		H=F*G

Roommate Household Discount:	7%
Dual Household Discount (applies if multiple people in the same Household have or are applying for National General Medicare Supplement policies):	10%
Annual Pay Discount:	10%
Activity Tracker "Wearable" Discount:	5%

The rates above do not include a one time $25 policy fee.

Area Factors:

Michigan Zip Codes	Factor
Area 1: 480-483	1.270
Area 2: 484-485	1.194
Area 3: 486-489, 492	1.120
Area 4: All Other Zip Codes	1.051

NATIONAL HEALTH INSURANCE COMPANY
Medicare Supplement Policy
2010 Standardized Plan F
Attained Age Premium Rates
Rates Effective Upon Approval

Attained Age	Female			Male		
	Preferred Select	Preferred	Standard	Preferred Select	Preferred	Standard
0-64	N/A		N/A	N/A		N/A
65	128.13		153.60	144.77		173.56
66	128.13		153.60	144.77		173.56
67	128.13	135.88	162.89	144.77	153.52	184.05
68	128.13	140.50	168.42	144.77	158.74	190.31
69	128.13	144.82	173.59	144.77	163.60	196.12
70	128.13	149.32	179.04	144.77	168.74	202.31
71	132.85	153.82	184.39	150.10	173.79	208.31
72	137.57	158.42	189.93	155.43	179.01	214.59
73	142.87	163.19	195.66	161.45	184.41	221.05
74	148.56	168.05	201.49	167.87	189.90	227.70
75	154.49	173.10	207.50	174.54	195.56	234.44
76	160.67	178.32	213.79	181.55	201.49	241.55
77	167.02	183.63	220.18	188.73	207.51	248.76
78	173.62	189.13	226.76	196.19	213.71	256.23
79	180.48	194.80	233.52	203.91	220.09	263.81
80	187.61	200.66	240.56	211.99	226.73	271.84
81	194.64	206.69	247.80	219.93	233.54	279.97
82	202.35	212.91	255.22	228.60	240.54	288.37
83	210.02	219.12	262.73	237.34	247.62	296.86
84	216.06	225.24	270.06	244.15	254.52	305.17
85	222.00	231.37	277.39	250.84	261.43	313.39
86	227.79	237.40	284.62	257.38	268.25	321.61
87	233.49	243.34	291.76	263.84	274.97	329.64
88	239.37	249.47	299.09	270.46	281.88	337.95
89	245.33	255.68	306.51	277.17	288.87	346.36
90	251.46	262.08	314.21	284.14	296.13	355.04
91	257.77	268.65	322.10	291.28	303.57	363.90
92	264.25	275.41	330.18	298.58	311.18	373.04
93	270.82	282.25	338.35	305.97	318.89	382.27
94	277.56	289.28	346.80	313.62	326.85	391.88
95	284.47	296.48	355.44	321.43	335.00	401.57
96	291.56	303.87	364.27	329.42	343.32	411.55
97	298.82	311.43	373.39	337.66	351.91	421.89
98	306.25	319.18	382.69	346.06	360.67	432.41
99+	313.94	327.19	392.27	354.73	369.70	443.22

Open Enrollment or Guaranteed Issue: *Select the lowest available rate based on age*
Underwritten: *Determine Underwriting Class based on Tobacco, HT/WT, and Preferred Select Medical Question*
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Rate Calculator

Monthly Rate

A - Monthly Rate (use table above)
B - Area Factor (see area factors below)
C - Input Household Discount (1.0 if not applicable, 0.93 if roommate HHD applies, 0.9 if dual HHD applies)
D - Input Activity Tracker Discount (1.0 if not applicable, 0.95 if discount applies)
E - Input Annual Pay Discount (1.0 if not applicable, 0.9 if discount applies)
F - Calculate Monthly Rate (rounded to the nearest penny) F=A*B*C*D*E

Quarterly, Semi-Annual, or Annual Rate

G - Input Modal Factor (Quarterly - multiply by 3, Semi-Annual - multiply by 6, Annual - multiply by 12)
H - Calculate Final Modal Billing Rate (rounded to the nearest penny) H=F*G

Roommate Household Discount: 7%

Dual Household Discount (applies if multiple people in the same Household have or are applying for National General Medicare Supplement policies): 10%

Annual Pay Discount: 10%

Activity Tracker "Wearable" Discount: 5%

The rates above do not include a one time $25 policy fee.

Area Factors:

Michigan Zip Codes	Factor
Area 1: 480-483	1.270
Area 2: 484-485	1.194
Area 3: 486-489, 492	1.120
Area 4: All Other Zip Codes	1.051

NATIONAL HEALTH INSURANCE COMPANY
Medicare Supplement Policy
2010 Standardized Plan High F
Attained Age Premium Rates
Rates Effective Upon Approval

Attained Age	Female			Male		
	Preferred Select	Preferred	Standard	Preferred Select	Preferred	Standard
0-64	N/A		N/A	N/A		N/A
65	39.30		47.09	44.38		53.19
66	39.30		47.09	44.38		53.19
67	39.30	41.67	49.93	44.38	47.06	56.41
68	39.30	43.09	51.63	44.38	48.66	58.33
69	39.30	44.43	53.30	44.38	50.23	60.24
70	39.30	45.76	54.88	44.38	51.72	61.98
71	40.75	47.10	56.46	46.01	53.21	63.80
72	42.19	48.52	58.13	47.65	54.79	65.72
73	43.73	49.95	59.89	49.42	56.45	67.64
74	45.49	51.46	61.66	51.37	58.11	69.65
75	47.28	52.97	63.51	53.43	59.86	71.75
76	49.17	54.57	65.46	55.59	61.70	73.94
77	51.09	56.18	67.32	57.71	63.45	76.04
78	53.12	57.87	69.36	60.01	65.37	78.41
79	55.27	59.65	71.50	62.44	67.39	80.78
80	57.44	61.43	73.64	64.89	69.40	83.15
81	59.61	63.30	75.86	67.33	71.50	85.71
82	61.94	65.17	78.09	69.95	73.60	88.27
83	64.26	67.04	80.41	72.64	75.79	90.82
84	66.10	68.91	82.64	74.71	77.89	93.38
85	67.91	70.78	84.87	76.75	79.99	95.93
86	69.71	72.65	87.10	78.76	82.09	98.40
87	71.41	74.43	89.24	80.70	84.10	100.86
88	73.21	76.30	91.46	82.71	86.20	103.33
89	75.00	78.17	93.69	84.73	88.30	105.88
90	76.88	80.13	96.02	86.82	90.49	108.53
91	78.85	82.17	98.52	89.09	92.85	111.36
92	80.81	84.22	100.94	91.28	95.13	114.01
93	82.86	86.36	103.54	93.63	97.58	117.02
94	84.91	88.49	106.14	95.98	100.03	119.94
95	87.05	90.72	108.74	98.33	102.48	122.86
96	89.18	92.95	111.43	100.77	105.02	125.87
97	91.40	95.26	114.21	103.28	107.64	129.07
98	93.71	97.67	117.09	105.89	110.36	132.26
99+	96.02	100.07	119.97	108.49	113.07	135.55

Open Enrollment or Guaranteed Issue: *Select the lowest available rate based on age*
Underwritten: *Determine Underwriting Class based on Tobacco, HT/WT, and Preferred Select Medical Question*
See UW Guide for detailed instructions

Rate Calculator

Monthly Rate

A - Monthly Rate (use table above)		
B - Area Factor (see area factors below)		
C - Input Household Discount (1.0 if not applicable, 0.93 if roommate HHD applies, 0.9 if dual HHD applies)		
D - Input Activity Tracker Discount (1.0 if not applicable, 0.95 if discount applies)		
E - Input Annual Pay Discount (1.0 if not applicable, 0.9 if discount applies)		
F - Calculate Monthly Rate (rounded to the nearest penny)		F=A*B*C*D*E

Quarterly, Semi-Annual, or Annual Rate

G - Input Modal Factor (Quarterly - multiply by 3, Semi-Annual - multiply by 6, Annual - multiply by 12)		
H - Calculate Final Modal Billing Rate (rounded to the nearest penny)		H=F*G

Roommate Household Discount:	7%
Dual Household Discount (applies if multiple people in the same Household have or are applying for National General Medicare Supplement policies):	10%
Annual Pay Discount:	10%
Activity Tracker "Wearable" Discount:	5%

The rates above do not include a one time $25 policy fee.

Area Factors:

Michigan Zip Codes	Factor
Area 1: 480-483	1.270
Area 2: 484-485	1.194
Area 3: 486-489, 492	1.120
Area 4: All Other Zip Codes	1.051

NATIONAL HEALTH INSURANCE COMPANY
Medicare Supplement Policy
2010 Standardized Plan G
Attained Age Premium Rates
Rates Effective Upon Approval

Attained Age	Female			Male		
	Preferred Select	Preferred	Standard	Preferred Select	Preferred	Standard
0-64	N/A		N/A	N/A		N/A
65	102.95		123.40	116.30		139.45
66	102.95		123.40	116.30		139.45
67	102.95	109.17	130.86	116.30	123.33	147.88
68	102.95	112.88	135.30	116.30	127.52	152.90
69	102.95	116.36	139.50	116.30	131.48	157.59
70	102.95	119.93	143.80	116.30	135.53	162.47
71	106.74	123.50	148.10	120.58	139.58	167.35
72	110.53	127.16	152.49	124.87	143.72	172.33
73	114.70	131.01	157.07	129.61	148.04	177.49
74	119.29	134.94	161.75	134.76	152.45	182.75
75	124.03	138.97	166.62	140.16	157.04	188.29
76	129.01	143.18	171.68	145.79	161.81	194.01
77	134.14	147.48	176.84	151.58	166.67	199.83
78	139.42	151.88	182.09	157.54	171.62	205.74
79	144.96	156.46	187.53	163.75	176.74	211.84
80	150.65	161.12	193.17	170.22	182.05	218.23
81	156.30	165.98	198.99	176.61	187.54	224.80
82	162.44	170.92	204.91	183.54	193.12	231.56
83	168.57	175.86	210.83	190.46	198.70	238.22
84	173.44	180.81	216.75	195.95	204.28	244.88
85	178.14	185.66	222.57	201.27	209.77	251.45
86	182.80	190.51	228.40	206.54	215.26	258.02
87	187.36	195.27	234.13	211.72	220.66	264.50
88	192.02	200.13	239.95	216.99	226.15	271.17
89	196.85	205.16	245.97	222.43	231.82	277.92
90	201.77	210.29	252.08	227.96	237.58	284.78
91	206.78	215.51	258.38	233.66	243.52	291.91
92	211.96	220.91	264.88	239.53	249.64	299.32
93	217.23	226.40	271.46	245.49	255.85	306.74
94	222.68	232.07	278.24	251.62	262.24	314.34
95	228.21	237.84	285.12	257.83	268.72	322.13
96	233.92	243.79	292.28	264.31	275.46	330.20
97	239.80	249.93	299.63	270.96	282.39	338.56
98	245.78	256.15	307.08	277.69	289.41	347.01
99+	251.93	262.56	314.81	284.69	296.70	355.73

Open Enrollment or Guaranteed Issue: *Select the lowest available rate based on age*
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Rate Calculator

Monthly Rate

A - Monthly Rate (use table above)
B - Area Factor (see area factors below)
C - Input Household Discount (1.0 if not applicable, 0.93 if roommate HHD applies, 0.9 if dual HHD applies)
D - Input Activity Tracker Discount (1.0 if not applicable, 0.95 if discount applies)
E - Input Annual Pay Discount (1.0 if not applicable, 0.9 if discount applies)
F - Calculate Monthly Rate (rounded to the nearest penny) F=A*B*C*D*E

Quarterly, Semi-Annual, or Annual Rate

G - Input Modal Factor (Quarterly - multiply by 3, Semi-Annual - multiply by 6, Annual - multiply by 12)
H - Calculate Final Modal Billing Rate (rounded to the nearest penny) H=F*G

Roommate Household Discount: 7%

Dual Household Discount (applies if multiple people in the same Household have or are applying for National General Medicare Supplement policies): 10%

Annual Pay Discount: 10%

Activity Tracker "Wearable" Discount: 5%

The rates above do not include a one time $25 policy fee.

Area Factors:

Michigan Zip Codes	Factor
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Area 3: 486-489, 492	1.120
Area 4: All Other Zip Codes	1.051

NATIONAL HEALTH INSURANCE COMPANY
Medicare Supplement Policy
2010 Standardized Plan N
Attained Age Premium Rates
Rates Effective Upon Approval

Attained Age	Female			Male		
	Preferred Select	Preferred	Standard	Preferred Select	Preferred	Standard
0-64	N/A		N/A	N/A		N/A
65	78.22		93.74	88.34		105.95
66	78.22		93.74	88.34		105.95
67	78.22	82.95	99.41	88.34	93.69	112.35
68	78.22	85.76	102.78	88.34	96.87	116.17
69	78.22	88.40	105.96	88.34	99.87	119.72
70	78.22	91.12	109.23	88.34	102.95	123.44
71	81.10	93.84	112.50	91.60	106.03	127.08
72	83.98	96.65	115.86	94.85	109.19	130.88
73	87.14	99.54	119.30	98.44	112.43	134.77
74	90.61	102.50	122.91	102.40	115.84	138.91
75	94.21	105.55	126.52	106.42	119.24	142.97
76	97.93	108.69	130.31	110.65	122.81	147.20
77	101.85	111.99	134.26	115.09	126.54	151.68
78	105.91	115.37	138.30	119.66	130.35	156.24
79	110.10	118.83	142.43	124.37	134.24	160.89
80	114.42	122.38	146.73	129.30	138.29	165.80
81	118.74	126.09	151.12	134.12	142.43	170.79
82	123.44	129.88	155.68	139.45	146.72	175.86
83	128.13	133.67	160.24	144.75	151.02	181.02
84	131.78	137.39	164.71	148.90	155.23	186.09
85	135.38	141.10	169.18	152.99	159.45	191.16
86	138.86	144.72	173.48	156.88	163.50	195.98
87	142.34	148.35	177.87	160.85	167.64	200.97
88	145.90	152.06	182.34	164.89	171.85	206.04
89	149.54	155.86	186.81	168.94	176.07	211.12
90	153.26	159.73	191.46	173.14	180.44	216.36
91	157.06	163.69	196.27	177.49	184.98	221.77
92	161.02	167.81	201.18	181.93	189.60	227.35
93	165.05	172.02	206.25	186.51	194.39	233.01
94	169.17	176.31	211.33	191.10	199.17	238.76
95	173.36	180.68	216.57	195.85	204.11	244.68
96	177.71	185.21	222.08	200.83	209.30	250.94
97	182.14	189.83	227.58	205.80	214.49	257.11
98	186.73	194.62	233.35	211.01	219.92	263.62
99+	191.40	199.48	239.11	216.23	225.35	270.13

Open Enrollment or Guaranteed Issue: *Select the lowest available rate based on age*
Underwritten: *Determine Underwriting Class based on Tobacco, HT/WT, and Preferred Select Medical Question*
See UW Guide for detailed instructions

Rate Calculator

Monthly Rate

A - Monthly Rate (use table above)
B - Area Factor (see area factors below)
C - Input Household Discount (1.0 if not applicable, 0.93 if roommate HHD applies, 0.9 if dual HHD applies)
D - Input Activity Tracker Discount (1.0 if not applicable, 0.95 if discount applies)
E - Input Annual Pay Discount (1.0 if not applicable, 0.9 if discount applies)
F - Calculate Monthly Rate (rounded to the nearest penny) F=A*B*C*D*E

Quarterly, Semi-Annual, or Annual Rate

G - Input Modal Factor (Quarterly - multiply by 3, Semi-Annual - multiply by 6, Annual - multiply by 12)
H - Calculate Final Modal Billing Rate (rounded to the nearest penny) H=F*G

Roommate Household Discount: 7%

Dual Household Discount (applies if multiple people in the same Household have or are applying for National General Medicare Supplement policies): 10%

Annual Pay Discount: 10%

Activity Tracker "Wearable" Discount: 5%

The rates above do not include a one time $25 policy fee.

Area Factors:

Michigan Zip Codes	Factor
Area 1: 480-483	1.270
Area 2: 484-485	1.194
Area 3: 486-489, 492	1.120
Area 4: All Other Zip Codes	1.051

PREMIUM INFORMATION
We, National Health Insurance Company, can only raise your premium if we raise the premium for all policies like yours in this State. We will not change the premiums for this policy during your first year of coverage. Thereafter your premium will increase each year based on your age at that time. No rate adjustment may be made on an individual basis. Also, your renewal premiums may change on a renewal date following the Effective Date of any change in the deductible and/or coinsurance amounts which you are required to pay under Medicare. Any such premium change will be based on the actuarial computations that we then use to determine the renewal premium.

HOUSEHOLD PREMIUM DISCOUNT
If you resided with at least one, but no more than three, other adults who are age 50 or older for the past year, you will be eligible for a household premium discount. The discounted premium will be priced 7% lower than the rates illustrated. Your policy's household premium discount will be removed if the other adult no longer resides with you (other than in the case of his or her death).

DISCLOSURES
Use this outline to compare benefits and premiums among policies, certificates and contracts.

READ YOUR POLICY VERY CAREFULLY
This is only an outline describing your policy’s most important features. The policy is your insurance contract. You must read the policy itself to understand all of the rights and duties of both you and your insurance company.

RIGHT TO RETURN POLICY
If you find that you are not satisfied with your policy, you may return it to us at: PO Box 1070, Winston-Salem, NC 27102-1070. If you send the policy back to us within 30 days after you receive it, we will treat the policy as if it had never been issued, and return all of your payments.

POLICY REPLACEMENT
If you are replacing another health insurance policy, do NOT cancel it until you have actually received your new policy and are sure you want to keep it.

NOTICE
This policy may not fully cover all of your medical costs. Neither National Health Insurance Company nor its agents are connected with Medicare. This Outline of Coverage does not give all the details of Medicare coverage. Contact your local Social Security Office or consult “The Medicare Handbook” for more details.

COMPLETE ANSWERS ARE VERY IMPORTANT
When you fill out the application for the new policy, be sure to answer truthfully and completely all questions about your medical and health history. The company may cancel your policy and refuse to pay any claims if you leave out or falsify important medical information.

Review the application carefully before you sign it. Be certain that all information has been properly recorded.

PLAN A

MEDICARE (PART A) - HOSPITAL SERVICES - PER BENEFIT PERIOD

** A benefit period begins on the first day you receive service as an inpatient in a hospital and ends after you have been out of the hospital and have not received skilled care in any other facility for 60 days in a row.*

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
HOSPITALIZATION* Semiprivate room and board, general nursing and miscellaneous services and supplies			
First 60 days	All but $1632	$0	$1632 (Part A deductible)
61st thru 90th day	All but $408 a day	$408 a day	$0
91st day and after:			
-While using 60 lifetime reserve days	All but $816 a day	$816 a day	$0
-Once lifetime reserve days are used:			
-Additional 365 days	$0	100% of Medicare eligible expenses	$0***
-Beyond the additional 365 days	$0	$0	All costs
SKILLED NURSING FACILITY CARE* You must meet Medicare's requirements, including having been in a hospital for at least 3 days and entered a Medicare-approved facility within 30 days after leaving the hospital			
First 20 days	All approved amounts	$0	$0
21st thru 100th day	All but $204 a day	$0	Up to $204 a day
101st day and after	$0	$0	All costs
BLOOD			
First 3 pints	$0	3 pints	$0
Additional amounts	100%	$0	$0
HOSPICE CARE You must meet Medicare's requirements, including a doctor's certification of terminal illness	All but very limited copayment/coinsurance for outpatient drugs and inpatient respite care.	Medicare copayment/coinsurance	$0

**** NOTICE: When your Medicare Part A hospital benefits are exhausted, the insurer stands in the place of Medicare and will pay whatever amount Medicare would have paid for up to an additional 365 days as provided in the policy's "Core Benefits." During this time the hospital is prohibited from billing you for the balance based on any difference between its billed charges and the amount Medicare would have paid.*

Plan A (continued)
MEDICARE (Part B) - MEDICAL SERVICES -PER CALENDAR YEAR

*** Once you have been billed $240 of Medicare-Approved amounts for covered services (which are noted with a double asterisk), your Part B Deductible will have been met for the calendar year.*

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
MEDICAL EXPENSES-IN OR OUT OF THE HOSPITAL AND OUTPATIENT TREATMENT, such as Physician's services, inpatient and outpatient medical and surgical services and supplies, physical and speech therapy, diagnostic tests, durable medical equipment,			
First $240 of Medicare Approved Amounts**	$0	$0	$240 (Part B Deductible)
Remainder of Medicare Approved Amounts	Generally 80%	Generally 20%	$0
Part B Excess Charges (Above Medicare Approved Amounts)	$0	$0	All costs
BLOOD			
First 3 pints	$0	All costs	$0
Next $240 of Medicare Approved Amounts**	$0	$0	$240 (Part B Deductible)
Remainder of Medicare Approved Amounts	80%	20%	$0
CLINICAL LABORATORY SERVICES - TESTS FOR DIAGNOSTIC SERVICES	100%	$0	$0

Part A & B			
HOME HEALTH CARE			
MEDICARE APPROVED SERVICES			
-Medically necessary skilled care services and medical supplies	100%	$0	$0
-Durable medical equipment			
First $240 of Medicare Approved Amounts**	$0	$0	$240 (Part B Deductible)
Remainder of Medicare Approved Amounts	80%	20%	$0

PLAN C

MEDICARE (PART A) - HOSPITAL SERVICES - PER BENEFIT PERIOD

** A benefit period begins on the first day you receive service as an inpatient in a hospital and ends after you have been out of the hospital and have not received skilled care in any other facility for 60 days in a row.*

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
HOSPITALIZATION*			
Semiprivate room and board, general nursing and miscellaneous services and supplies			
First 60 days	All but $1632	$1632 (Part A deductible)	$0
61st thru 90th day	All but $408 a day	$408 a day	$0
91st day and after:			
-While using 60 lifetime reserve days	All but $816 a day	$816 a day	$0
-Once lifetime reserve days are used:			
-Additional 365 days	$0	100% of Medicare eligible expenses	$0***
-Beyond the additional 365 days	$0	$0	All costs
SKILLED NURSING FACILITY CARE* You must meet Medicare's requirements, including having been in a hospital for at least 3 days and entered a Medicare-approved facility within 30 days after leaving the hospital			
First 20 days	All approved amounts	$0	$0
21st thru 100th day	All but $204 a day	Up to $204 a day	$0
101st day and after	$0	$0	All costs
BLOOD			
First 3 pints	$0	3 pints	$0
Additional amounts	100%	$0	$0
HOSPICE CARE You must meet Medicare's requirements, including a doctor's certification of terminal illness	All but very limited copayment/coinsurance for outpatient drugs and inpatient respite care.	Medicare copayment/coinsurance	$0

**** NOTICE: When your Medicare Part A hospital benefits are exhausted, the insurer stands in the place of Medicare and will pay whatever amount Medicare would have paid for up to an additional 365 days as provided in the policy's "Core Benefits." During this time the hospital is prohibited from billing you for the balance based on any difference between its billed charges and the amount Medicare would have paid.*

Plan C

MEDICARE (Part B) - MEDICAL SERVICES -PER CALENDAR YEAR

*** Once you have been billed $240 of Medicare-Approved amounts for covered services (which are noted with a double asterisk), your Part B Deductible will have been met for the calendar year.*

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
MEDICAL EXPENSES-IN OR OUT OF THE HOSPITAL AND OUTPATIENT TREATMENT, such as Physician's services, inpatient and outpatient medical and surgical services and supplies, physical and speech therapy, diagnostic tests, durable medical equipment,			
First $240 of Medicare Approved Amounts**	$0	$240 (Part B Deductible)	$0
Remainder of Medicare Approved Amounts	Generally 80%	Generally 20%	$0
Part B Excess Charges (Above Medicare Approved Amounts)	$0	$0	All costs
BLOOD			
First 3 pints	$0	All costs	$0
Next $240 of Medicare Approved Amounts**	$0	$240 (Part B Deductible)	$0
Remainder of Medicare Approved Amounts	80%	20%	$0
CLINICAL LABORATORY SERVICES - TESTS FOR DIAGNOSTIC SERVICES	100%	$0	$0

Part A & B			
HOME HEALTH CARE - MEDICARE APPROVED SERVICES			
-Medically necessary skilled care services and medical supplies	100%	$0	$0
-Durable medical equipment			
First $240 of Medicare Approved Amounts**	$0	$240 (Part B Deductible)	$0
Remainder of Medicare Approved Amounts	80%	20%	$0

Other Benefits - Not Covered by Medicare			
FOREIGN TRAVEL- NOT COVERED BY MEDICARE, Medically necessary emergency care services beginning during the first 60 days of each trip outside the USA			
First $250 each calendar year	$0	$0	$250
Remainder of Charges	$0	80% to a lifetime maximum benefit of $50,000	20% and amounts over the $50,000 lifetime maximum

PLAN F and HIGH DEDUCTIBLE F
MEDICARE (PART A) - HOSPITAL SERVICES - PER BENEFIT PERIOD

** A benefit period begins on the first day you receive service as an inpatient in a hospital and ends after you have been out of the hospital and have not received skilled care in any other facility for 60 days in a row.*

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
HOSPITALIZATION*			
Semiprivate room and board, general nursing and miscellaneous services and supplies			
First 60 days	All but $1632	$1632 (Part A deductible)	$0
61st thru 90th day	All but $408 a day	$408 a day	$0
91st day and after:			
-While using 60 lifetime reserve days	All but $816 a day	$816 a day	$0
-Once lifetime reserve days are used:			
-Additional 365 days	$0	100% of Medicare eligible expenses	$0***
-Beyond the additional 365 days	$0	$0	All costs
SKILLED NURSING FACILITY CARE*			
You must meet Medicare's requirements, including having been in a hospital for at least 3 days and entered a Medicare-approved facility within 30 days after leaving the hospital			
First 20 days	All approved amounts	$0	$0
21st thru 100th day	All but $204 a day	Up to $204 a day	$0
101st day and after	$0	$0	All costs
BLOOD			
First 3 pints	$0	3 pints	$0
Additional amounts	100%	$0	$0
HOSPICE CARE			
You must meet Medicare's requirements, including a doctor's certification of terminal illness	All but very limited copayment/coinsurance for outpatient drugs and inpatient respite care.	Medicare copayment/coinsurance	$0

**** NOTICE: When your Medicare Part A hospital benefits are exhausted, the insurer stands in the place of Medicare and will pay whatever amount Medicare would have paid for up to an additional 365 days as provided in the policy's "Core Benefits." During this time the hospital is prohibited from billing you for the balance based on any difference between its billed charges and the amount Medicare would have paid.*

MEDICARE (Part B) - MEDICAL SERVICES -PER CALENDAR YEAR

*** Once you have been billed $240 of Medicare-Approved amounts for covered services (which are noted with a double asterisk), your Part B Deductible will have been met for the calendar year.*

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
MEDICAL EXPENSES-IN OR OUT OF THE HOSPITAL AND OUTPATIENT TREATMENT, such as Physician's services, inpatient and outpatient medical and surgical services and supplies, physical and speech therapy, diagnostic tests, durable medical equipment,			
First $240 of Medicare Approved Amounts**	$0	$240 (Part B Deductible)	$0
Remainder of Medicare Approved Amounts	Generally 80%	Generally 20%	$0
Part B Excess Charges (Above Medicare Approved Amounts)	$0	100%	$0
BLOOD			
First 3 pints	$0	All costs	$0
Next $240 of Medicare Approved Amounts**	$0	$240 (Part B Deductible)	$0
Remainder of Medicare Approved Amounts	80%	20%	$0
CLINICAL LABORATORY SERVICES - TESTS FOR DIAGNOSTIC SERVICES	100%	$0	$0

Part A & B			
HOME HEALTH CARE - MEDICARE APPROVED SERVICES			
-Medically necessary skilled care services and medical supplies	100%	$0	$0
-Durable medical equipment			
First $240 of Medicare Approved Amounts**	$0	$240 (Part B Deductible)	$0
Remainder of Medicare Approved Amounts	80%	20%	$0

Other Benefits - Not Covered by Medicare			
FOREIGN TRAVEL- NOT COVERED BY MEDICARE,			
Medically necessary emergency care services beginning during the first 60 days of each trip outside the USA			
First $250 each calendar year	$0	$0	$250
Remainder of Charges	$0	80% to a lifetime maximum benefit of $50,000	20% and amounts over the $50,000 lifetime maximum

PLAN G

MEDICARE (PART A) - HOSPITAL SERVICES - PER BENEFIT PERIOD

** A benefit period begins on the first day you receive service as an inpatient in a hospital and ends after you have been out of the hospital and have not received skilled care in any other facility for 60 days in a row.*

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
HOSPITALIZATION*			
Semiprivate room and board, general nursing and miscellaneous services and supplies			
First 60 days	All but $1632	$1632 (Part A deductible)	$0
61st thru 90th day	All but $408 a day	$408 a day	$0
91st day and after:			
-While using 60 lifetime reserve days	All but $816 a day	$816 a day	$0
-Once lifetime reserve days are used:			
-Additional 365 days	$0	100% of Medicare eligible expenses	$0***
-Beyond the additional 365 days	$0	$0	All costs
SKILLED NURSING FACILITY CARE*			
You must meet Medicare's requirements, including having been in a hospital for at least 3 days and entered a Medicare-approved facility within 30 days after leaving the hospital			
First 20 days	All approved amounts	$0	$0
21st thru 100th day	All but $204 a day	Up to $204 a day	$0
101st day and after	$0	$0	All costs
BLOOD			
First 3 pints	$0	3 pints	$0
Additional amounts	100%	$0	$0
HOSPICE CARE			
You must meet Medicare's requirements, including a doctor's certification of terminal illness	All but very limited copayment/coinsurance for outpatient drugs and inpatient respite care.	Medicare copayment/coinsurance	$0

**** NOTICE: When your Medicare Part A hospital benefits are exhausted, the insurer stands in the place of Medicare and will pay whatever amount Medicare would have paid for up to an additional 365 days as provided in the policy's "Core Benefits." During this time the hospital is prohibited from billing you for the balance based on any difference between its billed charges and the amount Medicare would have paid.*

Plan G (continued)

MEDICARE (Part B) - MEDICAL SERVICES -PER CALENDAR YEAR

*** Once you have been billed $240 of Medicare-Approved amounts for covered services (which are noted with a double asterisk), your Part B Deductible will have been met for the calendar year.*

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
MEDICAL EXPENSES-IN OR OUT OF THE HOSPITAL AND OUTPATIENT TREATMENT, such as Physician's services, inpatient and outpatient medical and surgical services and supplies, physical and speech therapy, diagnostic tests, durable medical equipment, First $240 of Medicare Approved Amounts** Remainder of Medicare Approved Amounts	$0 Generally 80%	$0 Generally 20%	$240 (Part B Deductible) $0
Part B Excess Charges (Above Medicare Approved Amounts)	$0	100%	$0
BLOOD First 3 pints Next $240 of Medicare Approved Amounts** Remainder of Medicare Approved Amounts	 $0 $0 80%	 All costs $0 20%	 $0 $240 (Part B Deductible) $0
CLINICAL LABORATORY SERVICES - TESTS FOR DIAGNOSTIC SERVICES	100%	$0	$0

Part A & B			
HOME HEALTH CARE - MEDICARE APPROVED SERVICES -Medically necessary skilled care services and medical supplies -Durable medical equipment First $240 of Medicare Approved Amounts** Remainder of Medicare Approved Amounts	 100% $0 80%	 $0 $0 20%	 $0 $240 (Part B Deductible) $0

Other Benefits – Not Covered by Medicare			
FOREIGN TRAVEL- NOT COVERED BY MEDICARE, Medically necessary emergency care services beginning during the first 60 days of each trip outside the USA First $250 each calendar year Remainder of Charges	 $0 $0	 $0 80% to a lifetime maximum benefit of $50,000	 $250 20% and amounts over the $50,000 lifetime maximum

PLAN N

MEDICARE (PART A) - HOSPITAL SERVICES - PER BENEFIT PERIOD

** A benefit period begins on the first day you receive service as an inpatient in a hospital and ends after you have been out of the hospital and have not received skilled care in any other facility for 60 days in a row.*

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
HOSPITALIZATION*			
Semiprivate room and board, general nursing and miscellaneous services and supplies			
First 60 days	All but $1632	$1632 (Part A deductible)	$0
61st thru 90th day	All but $408 a day	$408 a day	$0
91st day and after:			
-While using 60 lifetime reserve days	All but $816 a day	$816 a day	$0
-Once lifetime reserve days are used:			
-Additional 365 days	$0	100% of Medicare eligible expenses	$0***
-Beyond the additional 365 days	$0	$0	All costs
SKILLED NURSING FACILITY CARE*			
You must meet Medicare's requirements, including having been in a hospital for at least 3 days and entered a Medicare-approved facility within 30 days after leaving the hospital			
First 20 days	All approved amounts	$0	$0
21st thru 100th day	All but $204 a day	Up to $204 a day	$0
101st day and after	$0	$0	All costs
BLOOD			
First 3 pints	$0	3 pints	$0
Additional amounts	100%	$0	$0
HOSPICE CARE			
You must meet Medicare's requirements, including a doctor's certification of terminal illness	All but very limited copayment/coinsurance for outpatient drugs and inpatient respite care.	Medicare copayment/coinsurance	$0

**** NOTICE: When your Medicare Part A hospital benefits are exhausted, the insurer stands in the place of Medicare and will pay whatever amount Medicare would have paid for up to an additional 365 days as provided in the policy's "Core Benefits." During this time the hospital is prohibited from billing you for the balance based on any difference between its billed charges and the amount Medicare would have paid.*

Plan N (continued)

MEDICARE (Part B) - MEDICAL SERVICES -PER CALENDAR YEAR

*** Once you have been billed $240 of Medicare-Approved amounts for covered services (which are noted with a double asterisk), your Part B Deductible will have been met for the calendar year.*

SERVICES	MEDICARE PAYS	PLAN PAYS	YOU PAY
MEDICAL EXPENSES-IN OR OUT OF THE HOSPITAL AND OUTPATIENT TREATMENT, such as Physician's services, inpatient and outpatient medical and surgical services and supplies, physical and speech therapy, diagnostic tests, durable medical equipment, First $240 of Medicare Approved Amounts** Remainder of Medicare Approved Amounts	$0 Generally 80%	$0 Balance, other than up to $20 per office visit and up to $50 per emergency room visit. The copayment of up to $50 is waived if the insured is admitted to any hospital and the emergency visit is covered as a Medicare Part A expense	$240 (Part B Deductible) Up to $20 per office visit and up to $50 per emergency room visit. The copayment of up to $50 is waived if the insured is admitted to any hospital and the emergency visit is covered as a Medicare Part A expense.
Part B Excess Charges (Above Medicare Approved Amounts)	$0	$0	All costs
BLOOD First 3 pints Next $240 of Medicare Approved Amounts** Remainder of Medicare Approved Amounts	 $0 $0 80%	 All costs $0 20%	 $0 $240 (Part B Deductible) $0
CLINICAL LABORATORY SERVICES - TESTS FOR DIAGNOSTIC SERVICES	100%	$0	$0
Part A & B			
HOME HEALTH CARE - MEDICARE APPROVED SERVICES -Medically necessary skilled care services and medical supplies -Durable medical equipment First $240 of Medicare Approved Amounts** Remainder of Medicare Approved Amounts	 100% $0 80%	 $0 $0 20%	 $0 $240 (Part B Deductible) $0
Other Benefits - Not Covered by Medicare			
FOREIGN TRAVEL-NOT COVERED BY MEDICARE, Medically necessary emergency care services beginning during the first 60 days of each trip outside the USA First $250 each calendar year Remainder of Charges	 $0 $0	 $0 80% to a lifetime maximum benefit of $50,000	 $250 20% and amounts over the $50,000 lifetime maximum